

LIST OF SAMPLE VIALS IN THE SYMPTOM KIT

**Each remedy does a multitude of tasks, so symptoms not seen on the list are helped by combining certain vials together.*

Abscess	Eczema	Intestine	Plague	Tonsil/
Acne	Edema	Jaundice	PMS	Throat
Addiction	Epilepsy	Joints ache	Pneumonia	Tuberculosis
Angina	Epstein Barr	Joints, pop	Poison Ivy/Oak	Tumor
Appetite	Eye	Joints stiff	Prostate	Ulcer
Arrhythmia	Fever	Kidney	Psoriasis	UTI –urinary
Arteriosclerosis	Fibromyalgia	<i>Infection</i>	Pyorrhea	tract infection
s	Food Poison	Kidney Stone	Rabies	Varicose
Asthma	Gallbladder	Labor /	Rash	Vertigo
Bite, Insect	Gingivitis	Delivery	Rheumatism	Wart
Bite, poisonous	Glandular M	Laryngitis	Ribs	Woolsorters
Bladder	Glandular W	Lyme's	Scar Relieve	Yeast/Mold
Bleeding	Gout	Lymphatic	Sciatica	
Blood clot	Hair/	Malaria	Sepsis, Strep A	Detox, Amoeba
Blood	Nails	Measles	Shingles	Detox,
Bone	Hanta Virus	Memory	Sickle cell	Bacteria
Bronchial	Heart	Menopause	Sinus	Detox,
Burns	<i>congestion</i>	Menstrual	Smallpox	Chemicals
Cancer	Heart general	Metabolism	Spine	Detox,
Colic	Hemorrhoid	Migraine	Spondylosis	Environmental
Cough,	Herpes	Motion	Sting	Detox, Metals
<i>common</i>	Hiatal Hernia	Sickness	Stress	Detox, Protein
Cough,	Hives	Mouth	Stroke	Detox,
<i>continual</i>	Hypertention	Mumps	Sweating	Radiation
Cramp	Hysteria	Muscle	Teeth, decay	Detox, Vaccine
Cyst	Immune	Nausea	Teeth, dry	Detox, Virus
Depression	Impotence	Nerves	socket	Detox, Worms
Diabetes	Indigestion	Nicotine	Teeth,	
Diarrhea	Infertility	Nose Bleed	infection	Sycosis Miasm
Digestion	Influenza	Osteoporosis	Teeth, pain	Syphylis
Diphtheria	Injection	Pancreas	Teeth, sensitive	Miasm
Diuretic	Injury 1	Periodontal	Teeth, tarter	Psora Miasm
Ear	Injury 2	Pineal	Teething	
Ebola	Insomnia	Pituitary	Thyroid	

Own your own pharmacy, make your own medicine.

ACTIONS OF SYMPTOM VIALS

SYMPTOM REMEDIES - It is important to remember that if you take a symptom remedy and it does not work, remember that the body is intricately connected. A symptom is often a manifestation of imbalance in another area. Correction of the right area should relieve the symptom. Thus if a particular symptom remedy does not work, you may wish to try another vial or combination of vials.

Abscess -Abscess at root of teeth, boils on gums, ulceration of mouth, inflammation.

Acne -Acne vulgaris, pimples, skin eruptions. Use with *Detox*, *Amoeba* or *Detox*, *Worms* in cases of Acne Rosacea.

Addiction -Helps with alcohol, nicotine, morphine and even caffeine addictions. It can also help relieve withdrawal symptoms and even initial cravings. Also see Nicotene remedy. This remedy is highly complimented with the appropriate Bach Flower.

Angina -Cardiac neurosis, nervous perturbations, arrhythmia, tachardia-extrasystoles, constrictions, angina pectoris, coronary insufficiencies, strong pulse, palpitations excitations, anguish, and pressure in the chest/heart area (which is only heart burn in many cases, see indigestion).

Appetite -Helps to balance the Hypothalamus, appetite disorders; has also been noted to help menstrual irregularities, water retention and skin eruptions.

Arrhythmia -Cardiac arrhythmia, disturbances of cardiac rhythm, conduction defects due to degenerative myocardial disease, myocarditis-endocarditis, cardiac infarction, tachycardia, cardiac neurosis and Adams-Stokes syndrome.

Arteriosclerosis -General arteriosclerosis and general congestion of veins and arteries.

Asthma -Bronchial asthma and asthmatic bronchitis. Constitutional treatment of bronchial asthma.

Bite, insect -Allergic reaction to insect bites, poison oak, poison ivy, sumac, hives, erysipelas septic infection, venom infection. Also see Poison Oak/Ivy.

Bite, poisonous -Includes snakes, gila monsters or any other poisonous bite. Use this remedy every 5-10 minutes if it is available at the time of the bite. The remedy should also be used externally around the area of the bite, but is *not recommended in the actual puncture wounds*.

Bladder -Inability to control the muscles of the bladder; helps relieve bedwetting. Also see UTI.

Bleeding -Helps to relieve bleeding of all kinds, internal and external by stimulating the body's natural responses (activating heparin). Use as mouthwash for bleeding gums.

Blood clot -Anemia, blood clots (balance fibrin).

Blood -Diabetes, pernicious anemia and phases of degeneration

in the blood and glandular system, such as leukemia, anemia, lymphogranulomatosis.

Bone -Fracture, sprains and overstraining to ligaments, tendons, cartilage. Back pains from an unknown genesis. Growing pain in muscle and bones.

Bronchial -Bronchial asthma, chronic pulmonary catarrh, smokers cough, catarrh of the upper air passages, weariness, nocturnal perspiration.

Burns -For burns no matter the source, scalding, sun burn/stroke/radiation, first degree burn, etc. The remedy is effective when used internally but also externally over area of need ONLY if skin is not broken.

Cancer -This remedy is not a cure for cancer and does not address the cause of the problem as might be achieved by using TBA, but this remedy does help boost the body's natural ability to fight cancer cells

Colic -Colic, upset stomach.

Cough, common -Catarrhal affections of the upper air passages; helps to relieve bronchitis and whooping cough at all stages. Effective expectorant in chronic bronchitis, bronchial asthma, fits of coughing. See also Asthma and Bronchial Congestion remedies.

Cough, continual -Catarrhal affections of the upper air passages; helps to relieve bronchitis and whooping cough at all stages. Effective expectorant in chronic bronchitis, bronchial asthma, particularly when there are continual fits of coughing. See also Asthma and Bronchial Congestion remedies.

Cramp -Particularly helpful for Raynaud's disease, and leg cramps that are caused by impaired circulation; helpful with diseases of the veins because it helps support the nutritional elements that induce pliability.

Cyst -Amenorrhea, dysmenorrhea, ovarian atrophy.

Depression -This remedy tends to work well when symptoms are marked by weight gain, mental dullness, lethargic personality, tremors, sweating or any of the signs of depression. Also see Stress remedy.

Diabetes -Helps in the balance of insulin.

Diarrhea -Acute and chronic gastro-enterocolitis of all types. Summer diarrhea after a chill or faulty diet. Intestinal catarrh, Intestinal influenza, diarrhea with fever, abdominal typhus, paratyphus, typhoid fever and dysentery.

Digestion -When digestion is weak from lack of acid balance, this remedy stimulates digestion and absorption by aiding stomach enzyme release; helpful with dyspepsia and gastritis.

Diphtheria -Helps to relieve the common symptoms of diphtheria. Respiratory diphtheria presents as a sore throat with low-grade fever and an adherent membrane of the tonsils, pharynx, or nose. Neck swelling is usually present in severe disease. Diphtheria may be mistaken for a severe sore throat. Cutaneous diphtheria presents as infected skin lesions which lack a characteristic appearance. Other symptoms include a low-grade fever and enlarged lymph nodes in the neck.

Diuretic -Water retention, edema.

Ear -Otitis media, ear infections, ear drainage, ear pain, etc.

Ebola -May be of help in cases of Ebola exposure if caught in the early stages. May also be useful with Sepsis remedy.

Eczema -Acute and chronic eczema, pimples, herpes, rashes and eschar; generally helpful with breakouts of all kinds, especially if they include white pustules. See also Herpes and Shingles remedies.

Edema -Muscular weakness of the heart and appearance of hydroxy (excessive swelling of tissue), edema of the legs. Hydroxy in the abdomen frequently due to the muscular weakness of the heart. May also be effective in renal edema.

Epilepsy -Epilepsy and epileptic fits, irritations of the nerve, convulsions, Chorea minor, convulsive cramps and cramps in the thighs.

Epstein Barr -Immune deficiency associated with Epstein Barr virus.

Eye -Inflammation, abscesses, cataracts, glaucoma, catarrh, muscle accommodation, minor irritation, redness and dryness. Generally helps the eye gain strength.

Fever -Particularly useful with children, it helps to relieve fever and symptoms often associated with fever: sweats, chills, shakes, aches, vomiting, rheumatic pains, muscular soreness, nausea, faintness, lethargy, fears, irritability and over sensitivity. This remedy is most effective for fever when used with the nausea remedy, if there is nausea, or the appropriate Detox remedy if you know the involvement.

Fibromyalgia -Helps relieve the symptoms of Fibromyalgia, which include Muscular Pain, Rheumatic disorders, Stiffness, Stress, Depression, Fatigue.

Food Poison -Helps to relieve the symptoms of food poisoning including possible toxins that irritate the nerves (neurotoxins).

Gallbladder -Organic and functional complaints of the hepatic, cystic, hepatopancreatic and other ducts associated with the liver or gallbladder area. Symptoms might include: hepatopathy, cholecystopathy, calculi disturbances of the

biliary secretion, swelling of the abdomen, premature satiety, lack of appetite, bitter taste in mouth, flatulence, constipation, weariness after meals, irritation and hypochondria.

Gingivitis -Swollen, red gums, gingivitis and helps with loose teeth if it is associated with malnutrition of the gums.

Glandular M (*tends to be for men, but can work for women*)- To support, stimulate and regulate glandular secretions and regenerate atrophy of glands involved with immune function.

Glandular W (*tends to be for women, but can work for men*)- To support, stimulate and regulate glandular secretions and regenerate atrophy of glands involved with immune function.

Gout -Rheumatism of forearms and hands, gout, swollen joints, numbness.

Hair/Nails -Helps relieve dry, itchy, irritated or flaking scalp, dandruff, oily or dry hair; brittle nails, ingrown nails; maintains health of hair.

Hanta Virus -a form of adult respiratory disease that causes fever, chills and muscle aches, followed by the abrupt onset of respiratory distress and shortness of breath. The muscle aches are severe, involving the thighs, hips, back and sometimes the shoulder. Other symptoms include nausea, vomiting, and abdominal pain.

Heart congestion - Helps to relieve fluid accumulation in heart or lungs: weakness of the specific cells of a gland or organ which are contained in or supported by the stroma, specially of the lungs frequently characterized by weakness of the back, nocturnal perspiration, sensitivity to colds, poor circulation, cold feet, lack of appetite, paleness and limp aspect of the face following the loss of blood.

Heart general -Heart insufficiencies with a tendency towards edema, heart valve diseases, post-infectious myocardial weakness. Increases muscular strength of the heart making this a good heart attach remedy.

Hemorrhoid -Hemorrhoids, itching of the anus (see also Detox, Worms), pains, bleeding, fissures, anal prolapsus, anal eczema and plethora.

Herpes -Helps the body fight against all forms of the herpes virus, including chickenpox. Also see Shingles and Eczema remedy.

Hiatal Hernia -Halitosis (bad breath), peptic ulcers, full feeling after eating only a little, feeling of knot in upper abdomen, flatulence, chronic fatigue.

Hives -For allergic skin conditions, hives and rashes. Effective relief for burns -used internally, not externally for burns!

Hypertension -High blood pressure; this remedy is often used with the Heart general or arteriosclerosis vial.

Hysteria -Hysterical crying, constrictions and disturbances from the stomach to the throat, sensitivity to noises, feelings of suffocation, throbbing and constriction in the throat. Emotional outbursts, nervousness and aggravations.

Immune -Immune deficiency; this remedy is most effective when used with the appropriate Detox remedy as those items are most often the cause of immune dysfunction.

Impotence -General debility, especially in men, but can be very effective for women with low libido especially if it stems from nervous exhaustion, over-excitement and effects of advanced age.

Indigestion -Helps relieve gas, bloating and indigestion following food or drink consumption, sleepiness after eating (see also Hiatal Hernia), hiccoughs or other symptoms of heartburn. Works especially well with those who over eat.

Infertility -Decreased male sex characteristics, impotency and infertility. Most effective on younger people, use Impotence on older people.

Influenza -Flu, fever, sore throat, prostration, kidney disorders, coughs, muscle aches, septic conditions of blood, inflammatory fevers, suffocative spells, stitches in chest, bronchitis, nervous exhaustion.

Injection -Often needed after trauma, injury, or surgery, even after intravenous injections as all of these are often very harmful to the body's overall circulatory system.

Injury 1, -For crushed fingers or tissue, after tooth extraction or surgery. Hastens the healing process and helps to remove the cellular memory of the trauma.

Injury 2, -Injuries of all types: fracture, sprain, concussion of brain, wounds caused by firearms or sharp weapons, sports injuries, muscular strains of all types and rheumatism where old injury has been sustained. May be used as a complementary remedy in feverish infections, sepsis. Has a stimulating effect on the defensive energy of the organism.

Insomnia -Insomnia and various disturbances of sleep, superficial sleep, light sleep, sleeplessness, drowsiness in the morning, weariness during the day, vivacity in the evening. Nervous restlessness and over-excitement of the nervous system. Neurasthenia, consequences of mental conflicts of long durations. Favorably influences sleeping patterns and the neurasthenic systems.

Intestine -Helps in maintaining healthy flora in the lower bowel, which along with exercise and natural reflexes from the brain, are responsible for natural balance of intestinal bacteria.

Jaundice -Cirrhosis, hepatitis, jaundice and gallbladder problems, increased blood toxins, allergies and skin disorders.

Joints ache -Works particularly well for the larger joints such as knee and hip joints.

Joints stiff -Stiffness and pain in joints, fingers and toes. Swelling, rheumatism and gout.

Joints, pop -This remedy was created for problems that arise in cases of malabsorption, but it is named for popping joints because this is often a symptom of malabsorption. Helpful for anemia, lack of appetite, (especially among children), accompanied by swelling. Aftereffects of acute ailments. All kinds of anemia frequently induced by the new toxicant effect of the treatment of other illnesses; when nothing seems to cure the ailment, this may help.

Kidney Infection -Abnormal blood pressure, kidney infection, kidney stone formation.

Kidney Stone -Renal Calculi, sharp pains in the kidneys, pain across the small of the back, pricking, reddish and glairy urine with epithelial cells and oxalic acid in the urine, gravel.

Labor/Delivery -Eases the pain and trauma associated with labor and delivery, helps with varicose veins, neck lameness, hemorrhoids (see also Hemorrhoid remedy) and hypertension (see Blood Pressure).

Laryngitis -Hoarseness, Laryngitis and catarrh in the larynx.

Lymes -Helps to relieve the symptoms of Lymes disease including changes affecting the skin, heart, joints and nerves.

Lymphatic -Biological and constitutional aid to persons disposed to lymphatic congestion.

Malaria -Helps to relieve the symptoms of malaria by increasing the body's resistance to the parasites.

Measles -Measles, German measles (rubella).

Memory -Disturbances in cerebral function, weakness of memory, indifference, lassitude, exhaustion.

Menopause -Menstrual pain, dysmenorrheal.

Menstrual -Menstual cramps (dysmenorrhea, amenorrhea). Acts on the unstripped muscular fibres. Conditions of exhaustion due to blood loss. Heat flash followed by perspiration (hot flash). Dull pain across the small of the back.

Metabolism -Assists the metabolic balance in the body. Restores glandular secretions and assimilation of nutrients. Enhances elimination and the feeling of well-being.

Migraine -Migraine, nervous headaches, neuralgia of the head, indisposition due to continuous headaches frequently resulting from an insignificant chill. Reduces heat in the liver and relieves neuralgic imbalance as cause of pain.

Motion Sickness -Motion sickness, sea sickness, nausea during pregnancy, childhood nausea, atrophy, dystrophy, weakness of conduction, gastric catarrh, cold perspiration, nausea. Vomiting and gastric catarrh as a result of heavy drinking.

Mouth -Indicated when people easily absorb toxins through the mouth, meaning they react easily to things they eat, helps with calcium dispersion.

Mumps -Usually begins with two days of discomfort and an increasing temperature. This is followed by an uncomfortable feeling in the jawbone and a swelling of the parotid glands. Often the swelling occurs unevenly, on one side of the face before the other. It is only possible to get mumps in one of the glands. The swelling can feel oppressive and sore. The earlobes stick out and the child's face eventually looks very swollen. The child experiences pain when opening their mouth.

Muscle -Indication of use is when muscles are sore from excessive exercise or the muscles are not releasing lactic and pyruvic acids because the liver or lymphatic system are congested.

Nausea -Helps relieve the feeling of nausea or upset stomach; feeling of hollow in the stomach.

Nerves -Involuntary twitching, over-sensitivity in the nervous system of children, nervous diseases and St. Vitus' dance, etc.

Nicotine -Relieves alcohol, nicotine and morphine addiction, nervous depression, highly emotional, moodiness, nervous weakness and other symptoms related to addiction, particularly nicotine.

Nosebleed -For relief of nose bleeds, particularly from strain in coughing, sneezing, or other exertion/trauma.

Osteoporosis -Helps the body balance issues that inhibit normal calcium levels and normal growth of bones, pathological characteristics in the osseous system, fragility of the bones, osteomalacia, rickets, coxitis, arthritis and nucleus pulposus, (complementary).

Pancreas -Pancreas disorders, pancreatitis, pancreatopathy.

Periodontal -Bleeding gums due to improper absorption of nutrients and excessive bacterial infection in the mouth, particularly the gum line around the base of the tooth.

Pineal -Anemia, premature genital development, sexual dysfunction, excessive hair growth.

Pituitary /growth -Abnormal thyroid, sexual function, adrenal weakness and irregular growth patterns; obsessive thinking patterns (can't shut brain off) are signs of potential need.

Plague -Most commonly known as Black Death or Bubonic Plague, which is characterized by painful swelling of lymph nodes.

PMS -Nervous anxiety, depression, irrational attitude, vengefulness, paranoia.

Pneumonia -Pleurisy, intercostals neuralgia, pleurodynia, pneumonia and intercostals rheumatism.

Poison Ivy/Oak -Allergy to poison oak or ivy, violent itching, septic conditions, itching blotches, pemphigus, erysipelas, urticaria, blood poisoning. Also see Rash and Burn remedies.

Prostate -Helps to tone and strengthen the prostate gland and such symptoms as scanty urination, dribbling, burning, irritation and premature impotence.

Psoriasis -Psoriasis vulgaris, psoriasiform eczema. May be most effective with Rash remedy.

Pyorrhea -Loose teeth, sore gums due to faulty nutrition and improper assimilation of nutrients.

Rabies -See also Bite remedies and Sepsis if the condition indicates.

Rash -Allergy to poison oak or ivy, violent itching, septic conditions, itching blotches, pemphigus, erysipelas, urticaria, blood poisoning. Also see Burn, for common rash, or Poison Ivy/Oak.

Rheumatism -Rheumatic conditions, neuralgia (after amputations and injuries), paralysis, (especially after a stroke), rashes, furuncles and carbuncles.

Rib -Pain between the ribs, intercostals neuralgia.

Scar Relieve -Helps prevent scarring if used before a surgery or operation. Many people notice softening or reduction of present scarring as soon as two weeks after using for old scars if used internally and externally on scars.

Sciatic -Sciatica, ischialgia as a symptom of a prolapsed disc, paraesthesia, tingling sensation in the lower limbs.

Sepsis, Strep A -Reduces effects of extreme infection caused by bacteria.

Shingles -Shingles, herpes zoster, chickenpox. Also see the Herpes remedy.

Sickle cell -This remedy has not been created yet.

Sinus -Acute and chronic catarrh of the nose and maxillary sinus, sinusitis, polypus in children and lack of smell and taste.

Smallpox -Bumpy red rash, mostly on the face, arms, and legs; blisters that become filled with pus.

Spine -Pain in the sacral region and vertebral column radiating up the column to the head and tip of the nose. Pain in the abdominal organs. Pains worsen when moving about and resting at night.

Spondylosis -Anti-rheumatic preparation, lumbago, sciatica, back pain associated with degenerative rheumatic changes of the intervertebral discs, such as chondrosis and osteochondritis, spondylosis, degenerative rheumatic changes of the spinal column, spondylarthrosis.

Sting -Relieves the pain from the sting of bees, wasp, scorpion, etc.

Stress -Abnormal blood pressure caused by stress, fatigue and susceptibility to stress.

Stroke -For nerve injuries, palsy, after effects of stroke and often works to relieve exhaustion and feelings of chronic fatigue.

Sweating -Undue perspiration. Climatic flushing, with perspiration. Excessive perspiration during acute infectious diseases and fevers; perspiration with exhaustion.

Teeth, decay -Dental caries characterized by decay, disintegration and destruction of teeth.

Teeth, dry socket -Dry socket, diseases of jaw bone, effects of poor nutrition.

Teeth, infection -Toothache, swollen gums, neuralgia in face, pain extending into ears.

Teeth, pain -Teething aches and cramps, toothaches. Disorders affecting the dentin. Also see Teething.

Teeth, sensitive -Teeth sensitive to cold and heat, pain from chewing and hot and cold liquids.

Teeth, tarter -Debris crusts accumulated on teeth, tartar.

Teething -Teething children, tendency to cry, pain and sore gums. Also see Teeth, Pain.

Thyroid -Exophthalmos (protrusion of one or both eyeballs), intoxication of the thyroid, hotter or colder than normal, especially in extremities, trembling hands, excessive perspiration, diarrhea and emaciation.

Detox, Amoeba -Aids in the elimination of amoebae's (microscopic parasites) often acquired from drinking water, foods and other ingested substances. Eliminates toxins caused by parasites. Signs of amoebas often include constipation, diarrhea, intestinal bloating and other symptoms.

Detox, Bacteria -Aids in the elimination of bacteria, thus relieves symptoms caused by bacteria. Symptoms of bacterial infection often include intestinal disturbances, tendencies toward infections with swelling such as boils, external cysts, pus and lactose intolerance.

Detox, Chemicals -Compromised immunity, increased susceptibility to infections, virus and allergies are all signs that chemicals might be part of the overall problem. People with chemical toxins in their body often have blotchy skin eruptions and are sensitive to inhaled or epidermal irritants.

Detox, Environmental -Antidotes toxic effects of metals absorbed in the body from the environment, eliminating them

Tonsil/Throat -Relieves redness and soreness of the throat; helps with the feeling of lump in throat or swelling that makes it hard to swallow and helps with mucus drainage of the throat.

Tuberculosis -Loss of weight, loss of energy, poor appetite, fever and wet cough. See also Cough remedies.

Tumor -Regenerator of diseased tissue, (tuberculous ulceration). Growths and eczema affecting external and internal organs. Inflammatory and trophic rashes. Anomalous epithelial growths, formation of scales and warts.

Ulcer -For ulcers of any kind, any place in the body

UTI -urinary tract infection -Inflammation of the kidneys, renal calculi, sharp stinging pains in the kidneys, pains in the sacral region. Peritonitis, piercing pains in the bladder, inflammation of bladder, burning pains when urinating, yellow urine and turbid.

Varicose -Venous stasis, varicosis, varicose ailments, varicose eczema. Inflammation of the veins, choking of the veins in the lower limbs, eczema, itching and heaviness in the appendages.

Vertigo -Vertigo, syncope.

Wart -Use orally as needed; also apply topically on wart.

Woolsorters -This remedy has been known to counteract the effects of the bacteria that causes anthrax. The name of the vial implies the bacteria is from inhaled origin, but this remedy helps to increase the body's natural ability to fight the bacteria no matter what the origin.

Yeast/Mold -Consider using for any symptoms of yeast, mold or candida albicans (topical, vaginal or systemic). For thrush, alternate with Mouth and Intestine remedies (which may be used/made together).

via the urinary tract. Sensitivity to gasoline and exhaust are a good indication that this remedy is needed.

Detox, Metals -This remedy aids the body in detoxification of heavy metals. Cracking, bleeding eruptions on the skin are one of the foremost signs that metals are a large part of the problem.

Detox, Protein -Albuminuria, proteinuria, nephrosis.

Detox, Radiation -This remedy helps the body eliminate accumulated radiation. Sources might include x-rays, airline travel, excessive use of microwaves, experimental work, etc. Symptoms often include low energy, mental fog and tightness in the throat/thyroid area.

Detox, Vaccine -Relieves the ill effects that often result from vaccinations: inflammation, irritability, mood changes, reactions to puncture, fever, anxiety and fears, even mental retardation or loss of certain brain function caused by allergy.

Detox, Virus -For viral infections and toxic build up caused by the flu, sore throat, tonsillitis, childhood sicknesses and other disorders. This remedy is very effective for the flu, especially if used in combination with other pertinent remedies like lymphatic congestion or cough.

Detox, Worms -Worms of all types: ringworm, roundworm, tapeworm, this remedy helps the body eliminate any of them. Make sure the bowels are working well when you start this remedy. NOTE: This remedy often works well when alternated with the Detox, Virus remedy.

Psora, Sycosis and Syphilis are names for the most common Miasms, which are lingering expressions of toxicity emanating from DNA expression. They are part of the current DNA expression because previous generations (in your own genealogy) had particular disease that were never treated or was treated in a manner that suppressed the illness rather than help the body dissipate it. The vibrational pattern of the disease remains in the cells until it is corrected.

Psora -The word Psora is derived from the Hebrew 'Tsorat' and Greek 'Psora' and means a groove or stigma. Hahnemann (the father of homeopathic medicine) held that all non venereal chronic diseases are Psoric. That includes most diseases of a chronic nature, all skin diseases, most mental illness other than syphilitic ones, allergies, varicose veins, hemorrhoids, most dysfunctional diseases of organs and systems, etc. This miasm remedy is listed positive, among others, catarrhs, asthma, pleurisy, hemoptysis, hydrocephalus, stomach ulcers, scrotal swelling, jaundice, swollen glands, cataract, diabetes, tuberculosis, epilepsy, fevers and suppressed urine as all being typically psoric manifestations. Plus, of course, the whole gamut of skin problems. Hahnemann claimed that Psora was the most ancient and insidious miasm, and that it was derived from skin eruptions of various types in the past, such as scabies (Itch), leprosy and psoriasis. These had been contracted by ancestors or in one's own early childhood. The suppression of these conditions especially through the use of ointments or medications of a suppressive nature.

Psora indicates a state of deficiency caused from pre-generational tuberculosis or leprosy, following are common characteristics:

- Eyes sensitive to sunlight
- Dry, scaly ears and coat
- Herpes sores around the mouth
- Excessive hunger, especially at night
- Love sweets (chocolate if female)
- Becomes easily bloated with abdominal gas because of poor assimilation
- Likes to lean against walls
- Overeating leads to diarrhea or colic
- Always itching, something always needs scratching
- Fear, mental restlessness and anxiety are all part of the physical expressions of this miasm

Sycosis -This miasm remedy is held to be responsible for many sexual and urinary disorders, and affections of the joints and the mucous membranes. Also those conditions worsened by damp weather and by contact with the sea. Thus arthritis and rheumatism, asthma, catarrhs, bronchitis, cystitis and warts are all regarded as partly or mainly sycotic in character. The wart came to be seen as the underlying archetype of this miasm as it is also held to be responsible for all warty excrescences and growths.

Sycosis indicates excessive tissue growth: this miasm is considered a forerunner to carcinoma of the cervix, uterus ovaries and breast.

- Warts, polyps, unnatural thickening of the skin
- Jealousy
- Challenge authority
- Urogenital problems
- Anemia
- General catarrh
- Inflammation of muscles, rheumatism
- Leukorrhea
- Diarrhea and colic
- Joint stiffness from gout; inability to digest meat
- Shingles
- Intolerance of vaccines
- Chronic rhinitis, swollen nasal turbinates
- Colibacillosis

Syphilis -This miasm remedy is held to be responsible for many diseases of the nervous system, the blood and skeleton as well as a range of psychological disorders, including alcoholism, depression, suicidal impulses, insanity, loss of smell and taste, blindness, deafness and ulcerations. It is also associated with many heart conditions, some vesicular skin eruptions and diseases that have a definite nocturnal periodicity.

Syphilis is deforming, destructive and creates ulceration of tissue. Common characteristics include:

- Pustules, suppurations of pus, does not itch, is not sore
- Greenish-yellow eye discharge
- Enlarged mandibular lymph nodes, tonsils
- Ulceration of eyelids, cornea
- Nosebleeds
- Bone deformities
- Chronic catarrhal discharge from nose
- Mouth ulcerations that biopsy as eosinophilic granuloma
- Degenerative arthritis
- Vaginal rash, non-itch
- Cancer, sclerosis, rheumatism, affects glands and bones
- Pigmented or plain skin nevi
- Hair readily falls out
- Crooked teeth
- Headache like band
- Corneal ulceration and astigmatism

NON-INCLUDED SYMPTOMS WITH REMEDY SUGGESTIONS

Frostbite- Injury 1; if the area is purple, use “Bite, Snake” remedy

Heat Stroke- use Burn remedy

Fainting- use Burn remedy

Dislocations- use Joints Ache remedy

Growing Pains- use Bones remedy

Exhaustion- use Stroke remedy

Cold- use Tuberculosis or Influenza; if you have had any shots recently, use Detox Vaccine.

Mucus –useTonsil remedy.

Typhoid –see Diarrhea.

Typhus –see Diarrhea.

Lymes –use Joint Ache, plus Bite or Anaphylactic.

Cholesterol -try Blood Pressure remedy.