

CLASSICAL KIT – derived from traditional homeopathics

Descriptions of the listed homeopathics

The descriptions listed for each of the remedies in the Classical kit are generalized summaries of the many attributes of that homeopathic. Homeopathics have an effect on the physical and emotional levels of the body, which then allow for better spiritual expressions. The potency of a homeopathic determines much of the level it will positively affect, which is why each of the remedies is made with each of the potencies listed on the label. If you do not have a background in classical homeopathic medicine, you are encouraged to look at a homeopathic Materia Medica to see the way that a single homeopathic remedy can influence the entire body on every level. For those of you who have previous experience in classical remedies, keep in mind that the provings, which is the information documented in the Materia Medica and briefly described in the following pages, is limited by human expression. I say this only to express that if you feel confident in your testing and the classical vial you tested for someone doesn't seem to make sense according to the description listed, I would trust your testing more than the description. Good kinesiology is not limited to human understanding, it is revealing the brains very expression. Although most of the classical remedies I have tested for people tend to describe some attribute of what the remedy was tested for, there have been times when it just didn't seem to fit at all. In those cases, trust your testing and time (results) will tell if you are correct. In order to achieve and remain excellent in kinesiology, remember that confidence in your own abilities is critical. The reason the description may not fit is first because classical remedies were not created or the descriptions originally designed to be used the way we do in TBA. Secondly, the description is a very short version of all the things that remedy can do. Thirdly, the complete list of what effects each remedy might have is limited to human expression when originally created.

Potencies and the healing crisis

You might notice that potencies of 1M and 10M are listed on the labels of each remedy. In classical (traditional) homeopathic training, use of those potencies requires a licensed homeopath because they can induce the very symptoms they are noted to relieve if they are used improperly. Over-dose or continual use of a homeopathic that is incorrect at the time used is the most common reason for inducing side effects known as a healing crisis. These are not dangerous, no matter what they affect, so there is no need to worry. The healing crisis is a sign that the body has been asked (forced) to do something and it does not have the resources available to get the job done. Thus it begins to manifest detox reactions often called the healing crisis, or the Herxheimer effect. While you cannot harm anyone with a healing crisis, if you make your clients feel badly, they may lose their confidence in seeing you. I say this as a note of caution, not to scare you. Once again, if you are trained in classical, you have been taught that a potency needs to be very specific. As you can see on the labels of each remedy, there are multiple potencies in each remedy. This is not a problem. Each of these remedies was created with a special code (contingency) that basically tells the body to use only the potency it is ready for. This is a great leap from the old days when a homeopathic practitioner using kinesiology had to first identify the remedy needed, then the potency needed. You cannot harm someone with the wrong remedy from the Classical kit. If you follow the protocol explained, you should be able to use classical remedies to their maximum effect with little or no chance of a crisis.

Understanding the Classical Kit (written with the assumption that you understand TBA)

In TBA, we learn that all symptoms and disease are the result of toxin accumulation. Over time, toxins accumulate in the body to a point that inhibits normal cellular function and action. TBA remedies are designed to detoxify the accumulations in a specific priority as the body is able. This is what we call the layers. TBA has been one of the most accurate and effective systems, but some symptoms were not being corrected without many layers being detoxified. What we have done with the Classical kit is gain the ability to "jump start" the cellular actions and functions without compromising the layers. Most of today's detoxification does not consider the layer theory. If the body is asked to detoxify without being in the right layer, it will move the toxins to another part of the body (best case scenario) or irritate tissues and cause worst problems (worst case scenario). The Classical kit works on the physiology of the body, which means it simply increases the immune response to the area or areas that that remedy addresses.

When the body is understood in its depth, which is quantum physics, we realize that everything in the body is energy. Those of us who were previously trained in nutrition tend to think along the lines of supplying nutrition, keeping nutrition balanced with organic supplements and diet if the body is to achieve homeostasis. From the energetic point of view, which is where TBA comes from, every nutrient in the body is permanently hard wired to our DNA. This means that we do not become deficient as much as the nutrient in question becomes dormant. If you think about the electric lights in your room, you know that they do not work unless the switch is turned on. When you turn on the switch, it allows current, or electricity, to reach the bulb. Lack of light does not mean you have a bulb deficiency, it simply means you have a current deficiency or interruption. In simple terms, the way a

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Please notice that the following information is in rough draft state! Not a final copy!

homeopathic works is by bringing current to the cells. If you really want to get technical, all nutrition that works does nothing but supply current. The chemical reaction is not what makes people feel better when they take herbs and supplements, it's the electrical charge, the current that is supplied in the supplement. It is certainly a different concept for those of you new to this area, but I have been addressing health concerns for many, many years with this perspective and getting results when all the other nutrition and supplements failed. To really understand the anomalies of the body and attain health and wellness, you must begin to think of the body as energy. Lack of health is simply an interruption of current to some cell in the body. The lack of interruption is still the accumulated toxins discussed in TBA and covered in the Master kit. Thus TBA cannot be ignored or left behind for the quick symptom relief potential you will have with the Classical kit. TBA needs to remain the cornerstone of making a health program, but the Classical remedies can "jump start" the cells may otherwise have layers and layers (often from many generations, which is a miasm, but incorrectly referred to as genetic in medicine) of toxins interfering with the current needed to the affected cells.

CLASSICAL REMEDIES

<p>Abrotanum <i>Artemesia Abrotanum</i></p>	<p>Increases nutritional availability, particularly in marasmus (a childhood nutritional disorder characterized by calorie deficiency and protein-based energy deficiency) and relieves symptoms of emaciation. A remedy for Mumps. Stops the spread of malignancy (metastasis). Helps reduce rheumatism after a bout of diarrhea (likely caused by parasites). Nosebleeds in boys.</p>
<p>Achillea Millefolium</p>	<p>Hemorrhage. Smallpox with pain in stomach. Nosebleed. Bleeding Hemorrhoids. Painful varicose veins in pregnant women. Continued high temperatures. Bloody urine.</p>
<p>Aconitum Napellus <i>Common Aconite</i></p>	<p>Aconite works especially well on any illness that comes on suddenly, without warning, or from a change in the weather. Hypotension or loss of blood pressure. Whooping Cough if it is caught early enough in the prognosis. Also helpful with Panic Attacks; Anxiety attacks; Post traumatic stress remedy; Post-operative shock. Stress of heart attack or stroke; shock remedy; restless and nervous; fear of death or of dying.</p>
<p>Aesculus Hippocastanum</p>	<p>For the lower bowel, engorged hemorrhoidal veins, with characteristic backache, with absence of actual constipation. Much pain but little bleeding. Venous stasis general, varicose veins of purple color; everything is slowed down, digestion, heart, bowels, etc. Torpor and congestion of the liver and portal system, with constipation. Flying pains all over. Fullness in various parts; dry, swollen mucous membranes. Throat with hemorrhoidal conditions.</p>
<p>Agaricus Muscarius</p>	<p>Agaricus, a fungus with toxic compounds, acts as an intoxicant to the brain, producing more vertigo and delirium than alcohol, followed by profound sopor with lowered reflexes. Jerking, twitching, trembling, and itching are strong indications. Various forms of neuralgia and spasmodic affections, and neurotic skin troubles are pictured in the symptomatology of this remedy. It corresponds to various forms of cerebral excitement rather than congestion. Thus, in delirium of fevers, alcoholism, etc. General paralysis. Sensation as if pierced by needles of ice. Sensitive to pressure and cold air. Violent bearing-down pains. Symptoms appear diagonally as right arm and left leg. Pains are accompanied by sensation of cold, numbness and tingling.</p>
<p>Allium Cepa <i>Common Red Onion</i></p>	<p>A picture of coryza, with acrid nasal discharge and laryngeal symptoms, eye secretion bland; singers' cold, worse in warm room and toward evening; better in open air is presented by this remedy. Specially adapted to phlegmatic patients; colds in damp cold weather. Neuralgic pains, like a fine thread, following amputations or injuries to nerves. Traumatic chronic neuritis. Burning in nose, mouth, throat, bladder and skin. Sensation of glowing heat on different parts of the body. Hay fever where nose secretions are burning but watering from eyes is bland.</p>
<p>Aloe Socotrina</p>	<p>An excellent remedy to aid in re-establishing physiological equilibrium after over dosing a food, medicine or remedy. Especially suitable to lymphatic and hypochondriacal patients. Adapted to weary people, the aged, and phlegmatic, old beer-drinkers. Dissatisfied and angry about self, alternating with lumbago. Heat internally and externally.</p>
<p>Alumina <i>Oxide of Aluminum</i></p>	<p><i>Mental Instability.</i> This type has a tendency toward hysteria. They may have had an unstable childhood which included mental illness and/or alcoholism, etc. They can't seem to keep a train of thought, being disoriented, indecisive and overwhelmed. They</p>

	choose to let spouse or authority figure make decisions for them. They have great fear of making wrong decisions; lay awake at night trying to make decisions. They feel detached from the world as if watching their lives (dreamy). Mood changes several times a day varying between despair, anger, anxiety. Impulse suicidal (when sees a knife, thinks of suicide), panic attacks, phobias, insomnia, aimless hurry, acute - used for senile dementia. Craves inedible things. Child - difficulty learning in speech and writing - dreamy.
Anacardium Orientalis <i>Marking nut</i>	<i>Inner struggle between good vs. evil.</i> Inferiority complex. They work hard to prove themselves and feel as if they have two personalities; a normal, sensitive person with evil thoughts that they continually struggle with. This type thinks they have supernatural, spiritual, divine revelations, but then with obscene thoughts. For persons who show tendency toward violence, lack of morals sociopathic behavior. Mental burnout. Impaired memory. Lack of self-confidence. Easily offended. Malicious behavior. Weak memory-cannot remember what has just been read.
Antimonium Crudum	For homeopathic employment, the mental symptoms, and those of the gastric sphere, determine its choice. Excessive irritability and fretfulness, together with a thickly-coated white tongue, are true guiding symptoms to many forms of disease calling for this remedy. All the conditions are aggravated by heat and cold bathing. Cannot bear heat of sun. Tendency to grow fat. An absence of pain, where it could be expected, is noticeable. Gout and gastric symptoms. Chickenpox.
Antimonium Tartaricum <i>Tartrate of Antimony and Potash</i>	Asphyxia, especially from drowning. Suffocation from being overcome by smoke. Suffocation from foreign object in throat (make sure object is removed before giving this remedy). Pneumonia, emphysema, bronchitis or asthma with feeling of suffocation. Great rattling in chest with little mucus coughed up. Made from double tartrate of antimony and potassium. Great exhaustion, drowsiness or debility when ill, lung and respiratory disease remedy such as Whooping Cough or Pertussis. Greater the prostration of the person, especially from viral or bacterial complaints, the more this remedy should be considered in those situations.
Antipyrinum	Acts especially on the vaso-motor centers, causing dilation of capillaries of skin and consequent circumscribed patches of hyperemia and swelling. In large doses causes profuse perspiration, dizziness, cyanosis, and somnolence, albumen and blood in urine. Acute erythema multiforme. Lyme Disease.
Apis Apium Virus <i>Venom of honey bee</i>	One of the great allergy reaction remedies. Where there is sudden, violent swelling of body tissue, Apis should be considered. Anaphylactic reaction to any kind of allergy, Apis can be used to save a life, if necessary.
Argentum Nitricum <i>Silver Nitrate</i>	This type has great fear of normal, everyday events. When nervous, they become hurried. All manner of fears (a tall building will fall on them), claustrophobia, and the world is not a safe place, paranoia. Imagination runs wild. Most are social. Some are loners. They are very open, lacking in social standards. They are able to strike up conversations with strangers and see themselves as an expert on many subjects, taking credit from others. They can also see themselves as eccentric. They often look older due to excess worry. This type is prone to insomnia, stomach problems and nerve problems. They also lose their tempers easily. Finds it difficult to control emotions. Readily laughs, cries and loses temper. Physical weaknesses: Nervous system, digestive system. Extreme Anxiety. Apprehension in general. Craving for sweets and sugar of all kinds. Uncomfortable using elevators. Hoarseness. Total loss of voice in singers or speakers. Impulsive.
Arnica Montana	Made from a plant bearing the same name. Injured tendons, ligaments and inflammation around joints/bones. It is a premier remedy to halt hemorrhages, from acute nosebleeds to hemophilia. Use externally for minor cuts, abrasions and bruises. Takes away swelling. If an open wound, clean properly with antiseptic and then place around outer edges of it but not in the wound itself. Excellent for bruises and around skin scrapes.
Arsenicum Album <i>Arsenic poison</i>	<i>Physical Insecurity.</i> Food poisoning, herbicide, insecticide or heavy metals poisoning. Good for any kind of inhaled noxious or chemical fumes. Flu remedy. Phlebitis. Great fears of death, of being left alone or of being robbed, Great mental anguish. Moves from room to room, cannot sit still when under pressure. Asthma remedy-worse around midnight. Made from arsenic poison. Ebola Virus, Post-Traumatic Stress Disorder, restless, Type A personality, hurried workaholics who get very short-

	tempered and impatient with others who don't move at the speed of light as they do.
Arsenicum Sulphuricum Rubrum <i>Arsenic Sulphide</i>	Acne, diarrhea, eczema, furuncles, gastritis, influenza, neuralgia, psoriasis, sciatica.
Asterias Rubens <i>Star-fish</i>	A remedy for the syctic diathesis; flabby, lymphatic constitution, flabby with red face. Lancing pains. Nervous disturbances, neuralgias, chorea, and hysteria come within the range of this remedy. Has been used for cancer of the breast. Acne, apoplexy, constipation-peristaltic, convulsions, epilepsy, headache, hysteria, salivation-emotional, sycosis-emotional, swelling or paralysis of tongue, uterus.
Atropa Belladonna (Insanity/Mania) <i>Nightshade</i>	Sudden onset of any acute illness with high fever, redness to face/cheeks. Painless sore throat. Ear infections/aches-can saves a child from a shunt operation. Highly sensitized nervous system; who are like barometers reacting instantly to any kind of change. Ebola Virus remedy; sudden onset of symptoms; Whooping Cough; (usually right ear), hemorrhaging, sunstroke. Acute fever and inflammation with delirium. Psychotic type. Belladonna acts upon every part of the nervous system: active congestion, furious excitement, perverted special senses, twitching, convulsions and pain. It has a marked action on the vascular system, skin and glands. Belladonna always is associated with hot, red skin, flushed face, glaring eyes, throbbing carotids, excited mental state, hyperesthesia of all senses, delirium, restless sleep, convulsive movements, dryness of mouth and throat with aversion to water, neuralgic pains that come and go suddenly. Corresponds to the symptoms of "air-sickness" in aviators. Give as preventive. No thirst, anxiety or fear. Pounding headaches, high fevers, sensitive to light and noise.
Aurum Metallicum (Loathing of Life) <i>Metallic gold</i>	Aurams have no light in their lives. They always have some type of depression. They vary between deep depression and a dark cloud over their heads. Most have had only conditional love as a child, thus they become very independent. They feel forsaken. Aurams are devoted partners because they think they may find the love they've always wanted. This type usually has anger issues. As a child striving for parental approval, they tend to be achievers. This type is not spontaneous, oversensitive to criticism and tries to bottle their anger. Aurum works in the blood, glands, and bone, conditions bearing striking resemblance to mercurial and syphilitic infections; and it is just for such deteriorations of the bodily fluids and alterations in the tissues. Like the victim of syphilis, mental states of great depression. Hopeless, despondent, and great desire to commit suicide. Every opportunity is sought for self-destruction. Calcification of cartilage, caries, nightly bone-pains, especially cranial, nasal and palatine. Glands swollen in scrofulous subjects. Palpitation and congestions. This use of gold as an anti-venereal and anti-scrofulous remedy is very old. When syphilis is implanted on the scrofulous constitution, we have one of the most intractable morbid conditions, and gold seems to be especially suited to the vile combination. Also found effective with arteriosclerosis, high blood pressure; nightly paroxysms of pain behind sternum. Sclerosis of liver, arterial system, brain. Pining boys; low spirited, lifeless, weak memory.
Baptisia Tinctoria	Made from the herb Wild Indigo. Influenza, Hanta Virus, confused, diarrhea with blood. The symptoms of this remedy are of an asthenic type, simulating low fevers, septic conditions of the blood, malarial poisoning, and extreme prostration. Indescribable sic feeling. Great muscular soreness and putrid phenomena always are present. All the secretions are offensive – breath, stool, urine, sweat, etc. epidemic influenza. Chronic intestinal toxemias of children with fetid stools and eructations. Baptisia in low dilutions produces a form of antibodies to the bac. Typhosus, viz., the agglutinins. Thus it raises the natural bodily resistance to the invasion of the bacillary intoxication, which produces the typhoid syndrome. Typhoid carriers. After inoculation with anti-typhoid serum. Intermittent pulse, especially in the aged.
Baryta Carbonica	Mental retardation. Autism. Senile dementia. Slow in speech. Slow in thinking. Confusion. Loss of memory. Loss of strength, particularly in respiratory ailments-even lack strength to cough up phlegm. Childish Immaturity. Baryta Carbonica - (Childish, indecisive) Baritea Witherite Barytas lack confidence in themselves. They act childishly, are shy and unable to make decisions. They bite their nails and have sweaty, smelly feet. In old age, this

	<p>remedy can help those that have reverted back to being a child. Barytas are very earthy. They love to eat to the point of gluttony.</p> <p>Type 1 - stocky build, heavy facial features, thick wavy hair, tendency to put on weight, thick lips - unrefined.</p> <p>Type 2 - less common - puny, underdeveloped</p>
Bellis Perennis	<p>Soreness after any kind of traumatic blow. Tumors or semi-hard tissue that forms after a blow that is not dissolved with Arnica. Bellis is especially helpful in severe ligament or tendon ailments and broken bones (Symphytum to heal bones quickly, but Bellis to remove the tissue trauma around the break). Follows Arnica well, especially if Arnica does not take care of swelling or bruising a week after the surgery or injury.</p>
Berberis Vulgaris	<p>Rapid change of symptoms – pains change in regard to place and character – thirst alternates with thirstlessness, hunger, and lost of appetite, etc. Acts forcibly on the venous system, producing pelvic engorgements and hemorrhoids.</p> <p>Hepatic and rheumatic affections, particularly with urinary, hemorrhoidal and menstrual complaints.</p> <p>Old gouty constitutions. Pain in region of kidneys is most marked; hence its use in renal and vesical troubles, gallstones and vesical catarrh. It causes inflammation of kidneys with hematuria. Pains may be felt all over body, emanating from small of back. It has also marked action on the liver, promoting the flow of bile. Often called for in arthritic affections with urinary disturbances. Wandering, radiating pains. Acts well in fleshy persons, good livers, but with little endurance. Spinal irritation. All Berberis pains radiate, are not worse by pressure, but worse in various attitudes especially standing and active exercise.</p>
Bothrops	<p>Its venom is most coagulating, (also Lachesis). We should expect to find under these remedies the symptomatology of thrombosis, also thrombotic phenomena, as hemiplegia, aphasia, inability to articulate.</p> <p>Broken-down, hemorrhagic constitutions; septic states. Great lassitude and sluggishness; hemorrhages from every orifice of the body; black spots. Hemiplegia with aphasia. Inability to articulate, without any affection of the tongue. nervous trembling. Pain in the right big toe. Diagonal course of symptoms. Pulmonary congestion.</p> <p>Made from Yellow Viper venom or Fer-de-lance venom. Photophobia, Blindness, Pulmonary Embolus, Retinal hemorrhage.</p>
Bromium	<p>Most marked effects are see in the respiratory symptoms, especially in larynx and trachea. It seems to affect especially scrofulous children with enlarged glands. Bond type. Enlarged parotid and goiter. Tendency to spasmodic attacks. Left-sided mumps. Sense of suffocation; excoriating discharges, profuse sweats and great weakness. Complaints from being over-heated. Tendency to infiltrate glands, become hard, but seldom suppurate.</p>
Byronia Alba	<p>Migraine headaches. Hoarseness. Pneumonia, bronchitis. Want to be left alone, crawl into bed, pull down the shades, have absolutely no noise around them-hence, “The Grump Remedy” Exceedingly irritable and grumpy if someone comes to talk. Like an old wounded bear being prodded-you’ll get bitten. Made from Wild Hops. Known as the “grump” remedy. When ill these people want to be left alone, untouched, in a dark, quiet room. Migraine remedy.</p>
Cactus Grandiflorus	<p>Acts on circular muscular fibers, hence constrictions. It is the heart and arteries especially that at once respond to the influence of Cactus, producing very characteristic constrictions as of an iron band. This sensation is found in various places, esophagus, bladder, etc. The mental symptoms produced correspond to those found when there are heart affections, sadness and melancholy. Hemorrhage, constrictions, periodicity and spasmodic pains. Whole body feels as if caged, each wire being twisted tighter. Atheromatous arteries and weak heart. Congestions; irregular distribution of blood. Favors formation of clots speedily. Great periodicity. Toxic goiter with cardiac symptoms. Cactus is pulseless, panting and prostrated. Pre-eminent heart attack remedy (Aconite, also) For mitral valve. Weight on chest. Unable to breathe. Violent palpitations. Endocarditis. Angina Pectoris.</p>
Calcarea Arsenicosa	<p>Epilepsy with rush of blood to the head before attack; aura felt in region of heart; flying sensation. Complaints in fat women around climacteric. Chronic malaria.</p>

	<p>Infantile enlarged liver and spleen. Nephritis, with great sensitiveness in kidney region. Complaints of drunkards after abstaining. Fleshy women at climacteric, slightest emotion causing palpitation. Dyspnea, with feeble heart. Chilliness. Albuminuria. Dropsy. Affections of spleen and mesenteric glands. Hemoglobin and red corpuscles are low.</p>
Calcarea Carbonica	<p>Teeth problems of all kinds. Chalk teeth. Slow to speak as a toddler. Sudden spurts of growth that leave child “crippled” due to bones growing too fast for muscle growth to keep up. Forgetful. Confused. Fear of insanity or loss of reason. Painless hoarseness. POST TRAUMATIC STRESS remedy. <i>Inertia</i>.</p> <p>Calcarea Carbonica - (Oyster-shell) Appearance: Overweight or gain weight easily. Physical weaknesses: Skeletal system. Pale, milky complexion, larger head, kind, simple, sensitive, slow to develop. In babies, fontanel slow to close. Craves sweet foods, eggs, oysters. Fears dark, ghosts, death, poverty, thunder storms and insanity. Personality is much like the oyster. This type is not as dynamic and likes the security of its home. Calcareae are down to earth and a little slow. They are happy to stay at home and piddle. Security means familiar environments. They over eat and don’t seem to mind being overweight. This is a content personality and they are practical and steady. They are not very analytical and usually focus on their family and can be clannish. Calcareae are solid, dependable and the salt of the earth. Weak bones and teeth</p>
Calcarea Fluorata	<p>A powerful tissue remedy for hard, stony glands, varicose and enlarged veins, and malnutrition of bones. Hard knots in female breast. Goiter. Congenital hereditary syphilis. Induration threatening suppuration. Many cases of cataract have undoubtedly been influenced favorably by it. Congenital syphilis manifesting itself in ulceration of mouth and throat, caries and necrosis with boring pains and heat in parts. Arterio-sclerosis; threatened apoplexy. Tuberculosis. Used after operations, the tendency to adhesions is reduced. Hard, bony growths of any kind. Nerve ganglia. Croup. Goiter. Hard knots in woman’s breast</p>
Calcarea Phosphorica	<p>One of the most important tissue remedies, and while it has many symptoms in common with Calcarea carb., there are some differences and characteristic features of its own. It is especially indicated in tardy dentition and troubles incident to that period, bone disease, non-union of fractured bones, and the anemias after acute diseases and chronic wasting diseases. Anemic children who are peevish, flabby, have cold extremities and feeble digestion. It has a special affinity where bones form sutures or symphyses, and all its symptoms are worse from any change of weather. Numbness and crawling are characteristic sensations, and tendency to perspiration and glandular enlargement are symptoms it shares with the carbonate. Scrophulosis, chlorosis and phthisis.</p>
Calcarea Sulphurica	<p>Eczema and torpid glandular swellings. Cystic tumors. Fibroids. Suppurative processes come within the range of this remedy, after pus has found a vent. Mucous discharges are yellow, thick and lumpy. Lupus vulgaris.</p>
Calendula Officinalis	<p>A most remarkable healing agent, applied locally. Useful for open wounds, parts that will not heal, ulcers, etc. Promotes healthy granulations and rapid healing by first intention. Hemostatic after tooth extraction. Deafness. Catarrhal conditions. Neuroma. Constitutional tendency to erysipelas (a bacterial skin infection that usually affects the arms, legs, or face, characterized by shiny, red areas, small blisters, and swollen lymph nodes). Pain is excessive and out of all proportion to injury. Great disposition to take cold, especially in damp weather. Paralysis after apoplexy. Has remarkable power to produce local exudation and helps to make acrid discharge healthy and free. Cold hands. Helps any condition that is worst in damp, heavy, cloudy weather.</p>
Cantharis Vesicator	<p>This powerful remedy produces a furious disturbance in the animal economy, attacking the urinary and sexual organs especially, perverting their function and setting up violent inflammations and causing a frenzied delirium, simulating hydrophobia symptoms puerperal convulsions. Produces most violent inflammation of the whole gastro-intestinal canal, especially lower bowel. Oversensitiveness of all parts. Irritation. Raw, burning pains. Hemorrhages. Intolerable, constant urging to</p>

	urinate is most characteristic. Gastric, hepatic and abdominal complaints that are aggravated by drinking coffee. Gastric derangements of pregnancy. Dysuria, with other complaints. Increases secretion of mucous membranes, tenacious mucus. The inflammations of cantharis produces (bladder, kidneys, ovaries, meninges, pleuritic and pericardial membranes) are usually associated with bladder irritation. Bladder infections. First or second degree burns with burning sensation. Made from Spanish Fly. Reproductive, sexual area, and bladder problems,
Capsicum Annuum	Seems to suit especially persons of lax fiber, weak; diminished vital heat. A relaxed plethoric sluggish, cold remedy. Not much reactive force. Such persons are fat, indolent, opposed to physical exertion, averse to go outside of their routine, get homesick easily. General uncleanliness of body. Abstainers from accustomed alcoholics. It affects the mucous membranes, producing a sensation of constriction. Inflammation of petrous bone. Burning pains and general chilliness. Older people who have exhausted their vitality, especially by mental work, and poor living; blear-eyed appearance; who do not react. Fear of slightest draught. Marked tendency to suppuration in every inflammatory process. Prostration and feeble digestion of alcoholics. myalgia, aching and jerking of muscles. Homesickness. Delirium tremens.
Carbo Vegetabilis	Shock remedy (also, Rescue Remedy). For people who have never completely recovered from an illness (Gelsemium is also a relapse remedy). Asthma with blue skin. Made from charcoal from vegetables. Suffocation and coma remedies. It is one of the few remedies that, if a person has “never been well since” their flu or cold or any other ailment, can help the person fully recover.
Carum Petroselinum	The urinary symptoms give the keynotes for this remedy. Piles with much itching.
Caulophyllum Thalictroides	This is a woman’s remedy. Want of tonicity of the womb. During labor, when the pains are deficient and the patient is exhausted and fretful. Besides, it has a special affinity for the smaller joints. Thrush, locally and internally.
Causticum AcrisSineKali	Fear of dogs. Post-operative urinary retention. Rheumatic pains in limbs. Arthritis. Restless legs at night (Nitric Acid). The Idealist. Causticum - (Idealist) Potassium Hydrate This type has deep empathy for other people who are suffering. They are sympathetic toward others. They also have a need for justice, to make things right for others. Causticum are analytical in their thinking. They can react to the news, politics and get upset. The truth is important to them. Causticums need a purpose in life. When out of balance, this type becomes mentally exhausted and have hopeless despair. They can also have obsessive-compulsive behavior when out of balance (excessive hand washing). They need a purpose, mission in life. (Warts)
Ceanothus Americanus	This remedy seems to possess a specific relation to the spleen. Ague cake of malaria. A left-sided remedy generally. Anemic patients where liver and spleen are at fault. Chronic bronchitis with profuse secretion. Marked blood pressure, reducing powers. Active hemastatic, materially reducing the clotting of blood. Agent Orange remedy. Spleen enlargement.
Cephaelis Ipecacuanha	The chief action is on the ramifications of the pneumogastric nerve, producing spasmodic irritation in chest and stomach. Morphia habit. The principal feature if Ipecacuanha is its persistent nausea and vomiting, which form the chief guiding symptoms. Indicated after indigestible food, raisins, cakes, etc. Especially indicated in fat children and adults, who are feeble and catch cold in relaxing atmosphere; warm, moist weather. Spasmodic affections. Hemorrhages bright red and profuse.
Chelidonium Majus	A prominent liver remedy, covering many of the direct reflex symptoms of diseased conditions of that organ. The jaundiced skin and especially the constant pain under inferior angle of right scapula, are certain indications. Paralytic drawing and lameness in single parts. The great general lethargy and indisposition to make any effort is also marked. Ailments brought on or renewed by change of weather. Serious effusions. Hydrocele. Bilious complications during gestation. Liver disorders. Gallstone colic. Gallbladder attack.
China Officinalis	Made from the bark of the Peruvian tree; used to treat malaria. Sensitivity. China - (Sensitive, artistic) Peruvian Bark This type is very sensitive and tends to express their feelings creatively. They often are genuinely psychic. Chinas become weary with the world and untrusting. They

	<p>sometimes choose to live in other planes and are considered insane. Because other dimensions exist, this is real for the China. They tend to be quiet and not brag about their psychic abilities. Also, being philosophical fits this constitutional type as well as a slim body, long fingers, long eyelashes, elegant, full lips. Nervous exhaustion – weakness from fluid loss.</p>
Cina Artemisia Maratima	<p>Worms. Grinding teeth might be an indication of parasites/worms in body. Child craves sweets because worms thrive on sugar of any kind. Will stick finger up nose and bore into nasal cavity because of the “itching” in the nose—a sign of worms/parasites. Always rubbing nose because it itches. Child or adult is very cross, ugly and is often always hungry. Eggs hatch at new moon and full moon—so watch for this reaction, especially around these times. Get tested by the doctor to confirm parasites/worm infestation—many people have them in the U.S.!</p>
Citrullus Colocynthis	<p>Made from the Bitter Cucumber. Spasms anywhere in the body. Irritable and crabby due to the pain.</p>
Cocculus Indicus	<p>Within the sphere of action of Cocculus are many spasmodic and parietic affections, notably those affecting one-half of the body. Affects the cerebrum, will not cure convulsive seizures proceeding from the spinal cord. Painful contracture of limbs and trunk; tetanus. Many of the evil effects of night-watching are relieved by it. It shows a special attraction for light-haired females, especially during pregnancy, causing much nausea and backache. Unmarried and childless women, sensitive and romantic girls, etc. All its symptoms are worse riding in a carriage or on shipboard; hence its use in seasickness. Sensation of hollowness or emptiness as if parts had gone to sleep, feel too weak to talk loud. Made from the Indian Cockleshell. Car, air or boat sickness</p>
Coffea Cruda	<p>Stimulates the functional activity of all organs, increasing the nervous and vascular activity. The drinking of coffee by the aged is likely to increase production of uric acid, causing irritation of kidneys; muscle and joint pains, and with the increased susceptibility of old people to the stimulating action of coffee and tea, their use should be curtailed or carefully watched. Great nervous agitation and restlessness. Extreme sensitiveness characterizes this remedy. Neuralgia in various parts; always with great nervous excitability and intolerance of pain, driving to despair. Unusual activity of mind and body. Bad effects of sudden emotions, surprises, joy, etc. Nervous palpitation. Coffea is especially suited to tall, lean, stooping persons with dark complexions, temperament choleric and sanguine. Skin hypersensitive. Made from Coffea. Helping people who have a very low tolerance to any kind of pain. Works primarily on the nervous system.</p>
Conium Maculatum	<p>An old remedy, rendered classical by Plato’s graphic description of its employment in the death of Socrates. The ascending paralysis it produces, ending in death by failure of respiration, shows the ultimate tendency of many symptoms produced in the provings, for which Conium is an excellent remedy, such as difficult gait, trembling, sudden loss of strength while walking, painful stiffness of legs, etc. Such a condition is often found in old age, a time of weakness, languor, local congestions, and sluggishness. This is the special environment that Conium chooses to manifest its action. It corresponds to the debility, hypochondriasis, urinary troubles, weakened memory, sexual debility found here. Troubles at the change of life, old maids and bachelors. Growth of tumors invite it also. General feeling as if bruised by blows. Great debility in the morning in bed. Weakness of body and mind, trembling, and palpitation. Cancerous diathesis. Arterio-sclerosis. Caries of sternum. Enlarged glands. Acts on the glandular system, engorging and indurating it, altering its structure like scrofulous and cancerous conditions. Tonic after gripe. Insomnia of multiple neuritis.</p>
Crotalus Horridus	<p>Snake poisons are supposed to be chemically Cyan. Hydrates of Soda and other salts. Alcohol is the natural solvent of these salts and is an antidote. Has a profound trophic action. Old age nutritional troubles. Low septic states. General disorganization of the blood, hemorrhages and jaundice. A crotalin injection decreases the rate of coagulation of the blood. In epilepsy the average rate is far greater than in normal conditions. Blood decomposition, hemorrhages (dark fluid that forms no clots), tendency to carbuncles, malignant scarlatina, yellow fever, the plague, cholera, give opportunity to use this remedy.</p>

	<p>Hemorrhagic diathesis. Acts as a sedative. Sleeps into his symptoms. More right-sided in its action.</p> <p>Made from the venom of the Rattlesnake. Number-one remedy for the Ebola Virus, Influenza, Flu, Yellow Fever, Plaque, Cholera and Scarlet Fever.</p>
Cuprum Metallicum	<p>Spasmodic affections, cramps, convulsions, beginning in fingers and toes, violent, contractive and intermitting pain are some of the more marked expressions of the action of Cuprum; and its curative range therefore includes tonic and colonic spasms, convulsions and epileptic attacks. Chorea brought on by fright. Nausea greater than in any other remedy. In epilepsy, aura begins at knees, ascends to hypogastrium; then unconsciousness, foaming and falling. Symptoms disposed to appear periodically and in groups. Complaints begin in left side. Tape work (colloidal Cuprum 3x).</p> <p>Made from Copper. Spasmodic symptoms. Epilepsy remedies.</p>
Daphne Mezereum	<p>Skin symptoms, affections of bones, and neuralgias most important, especially about teeth and face. Bruised, weary feeling in joints, with drawing and stiffness. Pains of various kinds, with chilliness and sensitiveness to cold air. Bone pains. Eruptions after vaccination. Burning, darting sensation in the muscles; subsultus tendinum. Pains shoot upward and seem to draw patient up out of bed. Semi-lateral complaints. Patient is very sensitive to cold air.</p>
Datura Stramonium	<p>The entire force of this remedy seems to be expended on the brain, though the sick and throat show some disturbance. Suppressed secretions and excretions. Sensation as if limbs were separated from body. Delirium tremens. Absence of pain and muscular mobility especially of muscles of expression and of locomotion. Gyrate and graceful motions. Parkinsonism.</p>
Delphinium Staphysagria	<p>Nervous affections with marked irritability, disease of the genitor-urinary tract and skin, most frequently give symptoms calling for this remedy. Acts on teeth and alveolar periosteum. Ill effects of anger and insults. Sexual sins and excesses. Very sensitive. Lacerated tissues. Pain and nervousness after extraction of teeth. Sphincters lacerated or stretched.</p>
Digitalis Purpuria	<p>Comes into play in all diseases where the heart is primarily involved, where the pulse is weak, irregular, intermittent, abnormally slow, and dropsy of external and internal parts. Weakness and dilatation of the myocardium. Its greatest indication is in failure of compensation and especially when auricular fibrillation has set in. slow pulse in recumbent posture, but irregular and dicrotic on sitting up. Auricular flutter and fibrillation especially when subsequent to rheumatic fever. Heart block, very slow pulse. Other symptoms of organic heart disease, such as great weakness and sinking of strength, faintness, coldness of skin, and irregular respiration; cardiac irritability and ocular troubles after tobacco; jaundice from induration and hypertrophy of the liver, frequently call for Digitalis. Jaundice with heart disease. Faint, as if dying. Bluish appearance of face. Cardiac muscular failure when aystole is present. Stimulates the heart's muscles, increases force of systole, increases length. Prostration from slight exertion. Collapse.</p>
Drosera Rotundifolia	<p>Affects markedly the respiratory organs and was pointed out by Hahnemann as the principal remedy for whooping-cough. Drosera can break down resistance to tubercle and should therefore be capable of raising it. Laryngeal phthisis is benefited by it. Phthisis pulmonum; vomiting of food from coughing with gastric irritation and profuse expectoration. Pains about hip-joint. Tubercular glands.</p> <p>Whooping Cough. With the return of so many old diseases, including Whooping Cough, this is a good remedy to have on hand, especially if you have children. Made from the Sundew plant. Respiratory tract, Whooping Cough.</p>
Echinacea Angustifolia	<p>Cancer palliative. Will ease the last stages of dying from this disease. Blood poisoning or septic states (Crotalus Horidus, Lachesis, Aconite, Pyrogenium, Sepsis nosode). Be sure and get to emergency room and seek immediate antibiotic treatment. Take homeopathic remedy on way to hospital. Gangrene. Made from the herb Purple Cone Flower. When there is considerable muscle ache; septic states of any type of blood poisoning, gangrene or even venom infections.</p>
Eupatorium Perfoliatum	<p>Known as "Bone-set", from the prompt manner in which it relieves pain in limbs and muscles that accompanies some forms of febrile disease like malaria and influenza. Eupatorium acts principally upon the gastro-hepatic organs and bronchial mucous membrane. It is a boon in miasmatic districts, along rivers, marshes, etc., and all in</p>

	<p>conditions where there is a great deal of bone pain. Cachexia from old chronic, bilious intermittents. Worn out constitutions form inebriety. Sluggishness of all organs and functions. Bone pains, general and severe. Soreness. Marked periodicity.</p> <p>Aching bones or muscles with flu. Dengue Fever. Soreness of flesh with flu. Made from the herb Thoroughwort. Flu remedy; fever associated with the flu and highest at 7-9a.m.</p>
Euphrasia Officinalis	<p>Manifests itself in inflaming the conjunctival membrane especially, producing profuse lachrymation. Patient is better in open air. Catarrhal affections of mucous membranes especially of eyes and nose. Profuse acrid lachrymation and bland coryza; worse, evening. Hawking up of offensive mucus.</p> <p>Hay fever (see Sabadilla, Arsenicum).</p>
Ferrum Magneticum	<p>Best adapted to young weakly persons, anemic and chlorotic with pseudo plethora who flush easily; cold extremities; over sensitiveness; worse after any active effort. Weakness from mere speaking or walking though looking strong. Pallor of skin, mucous membranes, face, alternating with flushes. Orgasms of blood to face, chest, head, llungs, etc. Irregular distribution of blood. Pseudo plethora. muscles flabby and relaxed.</p> <p>Anemia due to iron deficiency.</p>
Ferrum Phosphoricum	<p>Fever of an unknown origin. Fever that responds to nothing else. Relapse remedy (Gelsemium, Carbo. Veg.). Made from iron. Considered immediately when getting a cold or flu. Can stop a cold or flu from developing. Anemia responds to this remedy. Great cure for fever.</p>
Folliculinum Sacharum Officinale	<p>Loss of sex drive. Menopausal, estrogen-replacement-take this instead of allopathic estrogen. Mastitis. Hair falling out in women. Pre-menstrual migraines. PMS symptoms with extreme emotional and mental instability. Hay fever. Recurring cystitis in women. Weight gain without excessive eating, worse before menses or during ovulation (see Sepia, Oophrinum, Lachesis).</p>
Gelsemium Sempervirens	<p>Never fully recovered from an acute or chronic illness. Relapse remedy (see Ferrum Phos., Carbo Veg.). Illness brought on nervous stress. Nervousness. Fear of tests. Flu. Diarrhea from emotional/nervous excitement. Diarrhea from fright, bad news or good news. Made from the Yellow Jasmine shrub. Relapse remedy-any kind of relapse, whether it is acute or chronic. Chronic Fatigue Syndrome, Influenza; premier remedy to consider when any kind of paralysis is involved. It acts upon the central nervous system and is particularly helpful in polio. Strokes when there is paralysis; injury to the spinal nerves.</p>
Glonoinum C₃H₅NO₃O₃	<p>Recent German provings of Glonoine confirm the original American provings and clinical indications and bring out very marked nerve disturbances. Great lassitude, no inclination to work; extreme irritability, easily excited by the slightest opposition, ending in congestive head symptoms. The sixth potency alone produced itching all over body with later acne and furuncle formation, also bulimia.</p> <p>Great remedy for congestive headaches, hyperemia of the brain from excess of heat or cold. Excellent for the intercranial, climacteric disturbances, or due to menstrual suppression. Children get sick when sitting before an open fire. Surging of blood to head and heart. Tendency to sudden and violent irregularities of the circulation. Violent convulsions, associated with cerebral congestion. Sensation of pulsation throughout body. Pulsating pains. Cannot recognize localities. Sciatica in otheromatous subjects with cold shriveled limb; seasickness.</p> <p>Sunstroke. Heat stroke. Bursting headache from overexposure to sun.</p>
Graphites	<p>Keloid scar tissue. Nails brittle and crumble. Nails deformed, painful, sore, thick or crippled. Blandness.</p> <p>Graphites - (Uncomplicated) Carbon</p> <p>Down to earth personality, gentle, normal, pleasant, say what they think but usually quiet. They have an attractive softness that identifies the remedy from others. They have good head on their shoulders and a keen intellect. A graphites person is “what you see is what you get”, no hidden agendas. Family is the most important element with career falling behind. They make loving parents and value close relationships. Love is very important and in those times when they don’t feel loved, the Graphites becomes upset and can exhibit all negative emotions. They don’t care to hide their feelings. The Graphites hates disharmony, so forgiveness is swift. Most Graphites are</p>

	women. Graphites men tend to be sissies. Physical weaknesses: Skin. Nails. Slow metabolic rate.
Hamamelis Macrophylla	Made from witch hazel. A homeopathic medicine for bruising - Bruising due to varicose veins. Also for haemorrhoids - Bleeding piles, anus sore and bruised.
Hedeoma Pulegioides	Female symptoms are most marked; usually associated with nervous disturbances. Red sand in urine. Pain along ureter. Flatulent colic. Antidotes effects of Poison-oak Poison Oak remedy (see Rhus Venenata if this doesn't cure it).
Helleborus Niger	Produces a condition of sensorial depression. Sees, hears, tastes imperfectly, and general muscular weakness, which may go on to complete paralysis, accompanied by dropsical effusions. Hence, a remedy in low states of vitality and serious disease. Characteristic aggravation from 4 to 8 p.m. [Lycop.] Sinking sensation. State of effusion in hydrocephalus. Mania of a melancholy type.
Hepar Sulphur Calcareum	Imbedded splinters. Sinus infections-acute and chronic. Sinusitis. Abscessed teeth (low dose to dissolve abscess). Conjunctivitis. Pains in bones of face, particularly above and below eyes. Used to bring up stubborn mucus from lungs. Thick, stringy, yellow/green mucus. Do not give to a Tuberculosis patient! Made from Calcareum Sulphide. Like the Plaster of Paris the remedy is made of the world around them. In the event of any kind of thick yellow mucus discharge.
Hydrangea Arborescens	Note: This is poisonous if taken in overdose (see homeopathic practitioner for this tincture and its application). Kidney nephritis and kidney aches of any kind. Do not give to a person who either genetically has kidney stones in family tree or who has a known history of kidney stones. Kidneys flush to clean them out of all kinds of debris, including mucus.
Hydrastis Canadensis	Acts especially on mucous membranes, relaxing them and producing a thick, yellowish, ropy secretion. The catarrh may be anywhere, throat, stomach, uterus, urethra – it is always characterized by this peculiar mucous discharge. Hydrastis is especially active in old, easily-tired people, cachectic individuals, with great debility. Cerebral effects prominent, feels his wits sharpened, head cleared, facile expression. Weak muscular power, poor digestion and obstinate constipation. Lumbago. Emaciation and prostration. Its action on the liver is marked. Cancer and cancerous state, before ulceration, when pain is principal symptom. Goiter of puberty and pregnancy. Smallpox internally and locally. The power of Hydrastis over smallpox seen in modifying the disease, abolishing its distressing symptoms, shortening its course, lessening its danger and greatly mitigating its consequences.
Hyoscyamus C₁₇H₂₃NO₃	Disturbs the nervous system profoundly. It is as if some diabolical force took possession of the brain and prevented its functions. It causes a perfect picture of mania of a quarrelsome and obscene character. Inclined to be unseemly and immodest in acts, gestures and expressions. Very talkative, and persists in stripping herself, or uncovering genitals. Is jealous, afraid of being poisoned, etc. Its symptoms also point to weakness and nervous agitation; hence typhoid and other infections with coma vigil. Tremulous weakness and twitching of tendons. Subsultus tendinum. Muscular twitchings, spasmodic affections, generally with delirium. Non-inflammatory cerebral activity. Toxic gastritis. Erotic psychosis. Hyoscyamus - (Schizophrenia - erotic - bazaar) Plant Very hurried, paranoid, jealous and sexual obsession - afraid of insanity - they know something is wrong with their nerves - boisterous about their sex life and will continue on if they see you are not shocked. Some children may go in a Hyoscyamus stage after being sexually molested. Dry cough, epilepsy, twitching.
Hypericum Perforatum	Made from St. John's Wort. Nervous system, dental pain, crushed fingers and toes, after operations, injury involving the central nervous system or the motor nerves of the body. Injuries to nerves. Root canal. Crowns being placed on teeth. (If remedy doesn't work, try Carby Animalis or Coffea). Made from St. John's Wort.
Ignatia Amara	For grief of any kind. Loss of person or animal in your life. Grief caused by a move to another country or location. Loss of friends, loved one, etc. Coffee craving diminishes. Depression caused by grief. Hysterical. Hates smell of tobacco in any form. If grief is not cured with this remedy, consider Natrum Muriaticum. Made from the St. Ignatius Bean. "Grief Remedy"- as long as it is still on the surface and not buried. Anyone who hates cigarette smoke. Emotional Roller Coaster.

	<p>Ignatia - (Extreme mood swings) <i>Ignatia Amara Tree</i></p> <p>Ignatias feel their emotions more intensely than any other type. They also don't hide their feelings so everyone knows they are very emotional. They can be hysterical and crying and the next moment over it. Very high strung. Rapid and extreme mood swings. Can jump from tears to joy then back to depression in the blink of an eye. Physical weaknesses: Nervous system. Common ailments include hysterical grief over bereavement, leading to headaches, sore throat, coughs and colds, constipation, twitching and grinding teeth. Prefers not to be alone. Their moods change easily with no lasting effect. As they become more unhealthy, they try to hold in emotions and then there is an out pour. They are physically and emotionally sensitive to their environments. The healthy state is warm, affectionate, outgoing, passionate and intuitive. They dislike vulgarity of any kind. Many French and Latin women are Ignatias. Any constitution can temporarily change into Ignatia state of mind after a trauma (death of a loved one). Ignatia are usually refined, attractive and smart. They are drama queens.</p>
Iodium	<p>Hyperthyroid. Goiter. The Plague. Rapid metabolism: Loss of flesh with great appetite. Hungry with much thirst. Better after eating. Great debility, the slightest effort induces perspiration. Iodium individual is exceedingly thin, dark complexioned, with enlarged lymphatic glands, has voracious appetite but gets thin. Tubercular type. All glandular structures, respiratory organs, circulatory system are especially affected; they atrophy. Iodine arouses the defensive apparatus of the system by assembling the mononuclear leucocytes whose phagocytic action is marked, at a given point. Lead poisoning. Tremor. Iodine craves cold air. Acute exacerbation of chronic inflammation. Arthritis deformans. Acts prominently on connective tissue. The plague. Goiter. Abnormal vaso-constriction, capillary congestion followed by edema, ecchymosis, hemorrhages, and nutritive disturbances are the pathological conditions at the basis of its symptomatology. Sluggish vital reaction, hence chronicity in many of its aspects. Acute catarrh of all mucous membranes, rapid emaciation, notwithstanding good appetite, and glandular atrophy call for this remedy, in numerous wasting diseases and in scrofulous patients. Acute affections of the respiratory organs. Pneumonia, rapid extension. Iodine is warm, wants cool surroundings. Weakness and loss of breath going upstairs. Adenoid vegetations. Tincture internally and locally to swollen glands and rattlesnake bites.</p>
Juniperus Sabina	<p>Has a special action on the uterus; also upon serous and fibrous membranes; hence its use in gout. Pain from sacrum to the pubis. Hemorrhages, where blood is fluid and clots together. Tendency to miscarriage, especially at third month. Violent pulsations; wants windows open.</p>
Kali Bichromicum	<p>The special affinities of this remedy are the mucous membrane of stomach, bowels and air-passates; bones and fibrous tissues. Kidneys, heart and liver are also affected. Incipient parenchymatous; nephritis. nephritis with gastric disturbances. Cirrhosis of liver. Anemia and absence of fever are characteristic. General weakness bordering on paralysis. It is especially indicated for fleshy, fat, light complexioned persons subject to catarrhs or with syphilitic or scrofulous history. Symptoms are worse in the morning; pains migrate quickly, rheumatic and gastric symptoms alternate. More adapted to subacute rather than the violent acute state. Mucous membranes everywhere are affected. Catarrh of pharynx, larynx, bronchi and nose, and a tough, stringy, viscid secretion is produced which condition is a very strong guiding symptom for this remedy. Perforation of the septum. Chronic atonic catarrh. Polypus. Dilatation of stomach and heart. Sciatic. Sinus. Sinusitis. Thick green/yellow mucus or discharge. Eye discharge, thick. Aching across forehead from headache or sinus inflammation.</p>
Kali Bromatum	<p>Like all Potash Salts, this weakens the heart and lowers temperature. Brominism I caused by it. General failure of mental power, loss of memory, melancholia, anesthesia of the mucous membranes, especially of eyes, throat and skin; acne; loss of sexual desire, paralysis. Leading remedy in psoriasis. Nodular form of chronic gout. Symptoms of apoplectic attacks, uremic or otherwise; somnolence and stertor, convulsions, aphasia, albuminaria. Epilepsy (with salt-free diet). Psoriasis. Chronic gout. Epilepsy (with salt-free diet).</p> <p>Kali Bromatum <i>Potassium Bromide</i></p>

	Paranoia with fits of violent rage; can appear normal. Nervous, suspicious, guilty conscience about excessive sexual urges.
Kali Carbonicum <i>Potassium Carbonate:</i> glass Rigidity.	The weakness characteristic of all Potassium Salts is seen especially in this, with soft pulse, coldness, general depression, and very characteristic stitches, which may be felt in any part of the body, or in connection with any affection. All Kali pains are sharp and cutting ; nearly all better by motion. Never use any Salts of Potash where there is fever. Sensitive to every atmospheric change, and intolerance of cold weather. One of the best remedies following labor. Miscarriage, for consequent debilitated states. Early morning aggravation is very characteristic. Fleshy aged people, with dropsical and parietic tendencies. Sweat, headache, and weakness. Throbbing pains, tendency to dropsy. Tubercular diathesis. Pains from within out, and of stinging character. "Giving-out" sensation. Fatty degenerations. Stinging pains in muscles and internal parts. Twitching of muscles. Pain in small spot on left side. Hypothyroidism. Coxitis. Of all the Kali types, this one is the most common. This personality is rigid mentally and even physically (stiff, walks rigid). This type just can't cut loose and let their hair down. They are conventional and serious about life. They can't seem to have fun. Kali Carbonicums can't see out of the box. Can't understand how to adapt situations except by the rule. Kali's stick to the rules out of protecting themselves. They don't like to upset others and desire social approval. This type is unemotional, unimaginative and lives life through intellect. Chilly, puffy eyes, sweat profusely.
Kali Muriaticum	Although not proven, this remedy has a wide clinical use, through its introduction by Schuessler. It certainly is of great value in catarrhal affections in sub-acute inflammatory states, fibrinous exudations and glandular swellings. White or gray coating of base of tongue and expectoration of thick, white phlegm, seemed to be special guiding symptoms. Bursitis prepatellaris. Menstruation with clots and possible hemorrhage.
Kali Phosphoricum	Mental strain and burnout. Humming and buzzing in ears. Nervous dread.
Lac Caninum	This remedy is of undoubted value in certain forms of sore throat and diphtheria and rheumatism. Corresponds to a low-vitiated, non-feverish type of sickness. The keynote symptom is erratic pains, alternating sides. Feels as if walking on air or of not touching the bed when lying down. Great lassitude. Ozena. Decided effect in drying up milk in women who cannot nurse the baby. Great weakness and prostration. Sinking spells every morning. Mastitis. Pains which are erratic and shift from side to side. Diphtheria. Rheumatism. Arthritic pains that shift or alternate constantly.
Lachesis (Bushmaster or Surucucu)	Like all snake poisons, Lachesis decomposes the blood, rendering it more fluid; hence a hemorrhagic tendency is marked. Purpura, septic states, diphtheria and other low forms of disease, when the system is thoroughly poisoned and the prostration is profound. The modalities are most important in guiding to the remedy. Delirium tremens with much trembling and confusion. Very important during the climacteric and for patients of a melancholic disposition. Ill effects of suppressed discharges. Diphtheritic paralysis. Diphtheria carriers. Sensation of tension in various parts. Cannot bear anything tight anywhere. Lachesis - (jealous) Bushmaster Snake Snake Remedy - most have a snake-like appearance. These types are highly sexed and are very passionate. Sex relieves tension for them, not necessarily pleasure. A Lachesis individual, if not having an active sex life, can become unhealthy, feeling unloved and frustrated. This type also has a hunger for life and needs experiences. They also are easy to anger like the snake. They are more prone to express themselves through anger vs. depression. Strong, fixed expression. Physical weaknesses: Circulation and nervous system. Hyperactivity, varicose veins, menopausal problems, sore throats and asthma, bad sleep and insomnia, palpitations and panic attacks. The Lachesis child: Full of spite, can be hurtful to peers. Hyperactive and jealous of brothers and sisters, especially new babies. Circulatory problems, bleeding, hot flashes, left-sided ailments.

Lathyrus Cicera	Affects the lateral and anterior columns of the cord. Does not produce pain. Reflexes always increased. Paralytic affections of lower extremities; spastic paralysis; lateral sclerosis; Beri-beri. Athetosis. Infantile paralysis. After influenza and wasting, exhaustive diseases where there is much weakness and heaviness, slow recovery of nerve power. Sleepy, constant yawning. Polio. Paralysis of limbs. Infantile paralysis.
Latrodectus Mactans	The bite produces titanic effects that last several days. A picture of angina pectoris is presented by the action of the remedy. The precordial region seems to be the center of attack. Constriction of chest muscles with radiation to shoulders and back. Lowered coagulability. Angina Pectoris with pain radiating down left arm and fingers with numbness.
Ledum Palustre	Affects especially the rheumatic diathesis, going through all the changes from functional pain to altered secretions and deposits of solid, earthy matter in the tissues. The Ledum rheumatism begins in feet and travels upward. It affects also the skin, producing an eruption like Poison-oak, and is antidotal thereto as well as to stings of insects. There is a general lack of animal heat and yet heat of bed is intolerable. For punctured wounds, produced by sharp-pointed instruments or bites, particularly if the wounded parts are cold, this is the remedy. Tetanus with twitching of muscles near wound. Puncture wounds. Bites of insects. Black eye from blow. Poison Oak. Anal fissures. Made from the herb March Tea. Puncture and nail wounds. Animal bites and scratches.
Leontodum Taraxacum	Bladder Cancer.
Lilium Tigrinum	Manifests power influence over the pelvic organs and is adapted to many reflex states dependent on some pathological condition of uterus and ovaries. More often indicated in unmarried women. The action on the heart is very marked. Pain in small spots. Rheumatic arthritis. PMS symptoms, especially emotionally volatile, swinging from depression to anxiety. Rheumatoid Arthritis.
Lithium Carbonicum	Chronic rheumatism connected with heart lesions and asthenopia offer a field for this remedy. Rheumatic nodes. Uric acid diathesis. Whole body is sore. Gout and tophi.
Lycopodium Clavatum	Pre-senility remedy. Good for elderly who have weak memory, thin, withered, always chilly with poor circulation. Gas and flatulence. Afraid to be alone. Depression. Malnutrition. Weakness of muscles. Constipation. Hemorrhoids. Impotence. Lycopodium Clubmoss Pollen Dust A common constitutional remedy with fear of failure being a common factor. They can be people pleasers, take on the bravado type to cover anxiety. One-half of Lycopodium are average people who are easy-going and reasonable. They all fear lack of approval. Lycopodium are not very emotional and live in their intellect. There are also some who are opportunists (womanizer, crook). Most Lycopodiums have soft hearts and rarely get depressed. Physical weaknesses: Digestive disorders, kidney stones, prostate enlargement, kidney and bladder complaints, sore throats, male baldness. May be prone to chronic fatigue syndrome.
Lycosa Tarentula	Made from the wolf spider, the bite was reputed to cause tarantism or dancing mania. The homeopathic is traditionally used to relieve conditions in which frantic, tormented behavior is the chief characteristic. Used for sudden mood changes; laughter and gaiety which suddenly turn to spitefulness and destructiveness; incredibly quick, foxy reactions; extreme restlessness, wanting everything immediately, never waiting in queues; constant need to busy oneself. Inability to keep still; restless legs, made worse by walking; dizziness; numbness; in women, pruritis vulvae.
Magnesia Phosphorica	The great anti-spasmodic remedy. Cramping of muscles with radiating pains. Neuralgic pains relieved by warmth. Especially suited to tired, languid, exhausted subjects. Indisposition for mental exertion. Goiter. Hiccoughs. Sciatica. Injuries to nerves (Hypericum). Goiter. Toothaches better with heat or hot liquids. Angina Pectoris. Asthma. Cramps in calves. Darting pains. Twitching of muscles. Great muscular weakness.
Matricaria Chamomilla	Teething. Colic. Earaches (Belladonna is also very useful-especially in infections).

	Very irritable when sick. Made from German Chamomile. Mothers who have children going through the “teething” stage. Colic is another area of expertise and has helped many a parent with a cranky, inconsolable child through this stage. It is a calming remedy; reduces oversensitiveness from abuse of coffee and narcotics. Pains unendurable, associated with numbness. Night sweats.
Medorrhinum Gonorrhoea[virus]	A powerful and deep-acting medicine often indicated for chronic ailments due to suppressed gonorrhoea. For women with chronic pelvic disorders. Chronic rheumatism. Great disturbance and irritability of nervous system. Pains intolerable, tensive, nerves quiver and tingle. Children dwarfed and stunted. Chronic catarrhal conditions in children. Nose dirty, tonsils enlarged, thick yellow mucus from nostrils; lips thickened from mouth breathing. State of collapse and trembling all over. History of syphilis. Often restores a gonorrhoeal discharge. Intensity of all sensations. (Edema of limbs; dropsy of serous sacs. Disseminated sclerosis. Gonorrhoea. Chronic rheumatism. Child dwarfed or stunted. Chronic pelvic inflammation disorders (PID). Note: this is a miasm remedy and must not be taken without specific direction from a homeopathic physician. Passionate Adventurer .
Mercurius Corrosivus	This salt leads all other remedies intenesmus of the rectum which is incessant and is not relieved by the stool. The tenesmus often involves the bladder as well. Bright’s disease. Gonorrhoea; second stage with continuous tenesmus. Destroys the secreting portions of the kidneys. This process is slow, but sure. Albuminuria in early pregnancy. Ebola Virus epidemic remedy especially if there is a severe case of uncontrollable hiccoughs that accompany the rest of the symptoms. The Medium .
Mercurius Iodatus Ruber	Diphtheria and ulcerated sore throats, especially on left side, with much glandular swelling. Chronic suppurating buboes. Hard chancres. Old cases of syphilis in scrofulous patients. Early stages of cold, especially in children. Diphtheria, especially if left side of throat is ulcerated. The Medium .
Mercurius Sol Hahnemanni	Merc. Sol. Quicksilver Mercury Restless and anxious. Needs order and stability. Introvert, conservative, cautious and suspicious. Actions are slow and deliberate. Doesn’t like criticism and may explode in anger. Hungry all the time. Common complaints, strong smelling discharges, mouth and throat complaints (thrush, infected gums, ulcers), chronic conjunctivitis, skin eruptions with smelly discharge.
Mercurius Vivus	Syphilis, second stage. Rheumatoid pains. Tremors throughout body. Foul-smelling breath. Diarrhea. Trembling of hands. Think they are losing their mind. Slow in answering questions. POST TRAUMATIC STRESS remedy (see Aconite, Arsenicum, Calc. Carb., Nux Vomica and Sulphur). The Medium .
Moschata Officinalis	Made from Nutmeg. Marked tendency to fainting fits, with heart failure. Cold extremities, extreme dryness of mucous membranes and skin. Strange feeling, with irresistible drowsiness.
Natrum Bromatum	Acne simplex.
Natrum Carbonicum	All the Natrums stimulate cellular activity and increase oxidation and metabolism. Great debility caused by summer heat; chronic effects of sunstroke: exhaustion; anemic; milky, watery skin; very weak ankles are all peculiar Natrum carbonicum conditions. Great debility or weakness caused by summer heat. Sunstroke. Exhaustion. Weak ankles. Slow mental comprehension. Headaches from slightest mental exertion. Easy dislocation or spraining of ankles. Earthy Emotions . Natrum Carbonicum - (Do not like change) Sodium Carbonate All Natrums hold in their emotions. They are private except open up to people they trust. They have a tendency to digestion problems and anxiety, especially afraid of thunder storms. Natrum Carbonicums do not like change or meeting new people. They are comfortable with the familiar. This type is not prone to depression, but irritability (toward family). Sensitive to heat and cold (doesn’t like change). Digestive problems, headaches, herpes.

Natrum Muriaticum	<p>Salt craving. Hyperthyroid. Coffee craving. Deep, suppressed emotions of any kind, particularly grief and anger. Good for people who have experienced shock treatment in hospital. Electric shock of any kind. Hay fever. Migraine headache. Hangnails. Sweats while eating. Loss of hair. Hives. Greasy skin. Eczema. Warts on palms of hands. Headache (migraine variety) that begins with blindness. Suppressed Emotional Pain</p> <p>Natrum Muriaticum - (Suppressed, negative) Sodium Chloride A common type. Appearance: Pear-shaped build in women. Strong, solid and lean build in men. They hide feelings, appear to be normal and dislike sympathy from others. Natrum Muriaticums also have a lot of guilt about everything. Their emotions, so tightly hidden, usually originate in childhood. They aren't aware of these personality traits because they're so busy hiding their feelings and feeling guilty over what they are doing. Natrums can be uncomfortable around affection including Natrum children. Natrum Muriaticum do not take criticism well because they already feel undeserving and unloved. They don't need anything else indicating that they are less than they are. This remedy type is usually co-dependent, serious, not very social, conservative and moral. Prone to depression and feels better after a cry in private. Physical weaknesses: Nervous system. Depression, premenstrual syndrome, anorexia; skin problems; mouth ulcers and cold sores; palpitations and headaches.</p>
Natrum Phosphoricum	<p>Natrum phosphoricum is the remedy for conditions arising from excess of lactic acid, often resulting from too much sugar. Ailments with excess of acidity. Sour eructations and taste. Sour vomiting. Yellow, creamy coating at the back of the roof of mouth and tongue. Inflammation of any part of the throat with sensation of a lump in throat. Flatulence with sour risings. Colic with symptoms of worms. Cracking of joints. Jaundice. Oxaluria.</p> <p>Heartburn, Indigestion. Conditions arising from eating too much sugar. Acidity of stomach. Joints crack and pop. Colic. Yellow Jaundice.</p>
Natrum Sulphuricum	<p>Head injuries of any kind. Asthma in children. Chronic headaches in general. Spinal Meningitis. Warts on fingers and toes. Gonorrhoea in males. Chronic gout. Firey Emotions.</p> <p>Natrum Sulphuricum - (Suppressed anger) – Similar to Natrum Muriaticum. This type really tries to be nice but has a fiery undercurrent that comes out if provoked. They are more social than the other Natrums and appear more passionate about life due to the sulphur side. They are sensitive to heat and faces get red easily when hot.</p>
Nicotiana Tabacum	<p>Motion sickness of any kind (see Cocculus, Petroleum). Allergy to tobacco of any kind. Vomiting during pregnancy.</p>
Nitricum Acidum	<p>Selects for its special seat of action the outlets of the body where the mucous membrane and skin meet; these pain as from splinters. Sticking pains. Marked improvement of all symptoms while riding in a carriage. Acts best on the dark complexioned and past middle life. Syphilis after abuse of Mercury. Pains appear and disappear quickly. Hydrogenoid constitution. Sycotic remedy.</p> <p>Blisters and ulcers in mouth, tongue, genitals; bleed easily. Fissures, with pain during stool, as if rectum were torn. All discharges very offensive, especially urine, feces and perspiration. Persons who have chronic diseases and take cold easily and disposed to diarrhea. Excessive physical irritability. Cachexia, due to syphilis, scrofula, intermittent fever with liver involvement and anemia, etc. Gravel; arthritis. Capillary bleeding with curettage.</p> <p>Bleeding, painful hemorrhoids. White spots on nails. Warts, jagging and bleeding. Black pores on face. Hoarseness. Restless legs.</p>
Nux Moschata	<p>Marked tendency to fainting fits with heart failure. Cold extremities, extreme dryness of mucous membranes and skin. Strange feeling with irresistible drowsiness. Indicanuria. General inclination to become unconscious during acute attacks. Lypothymia. Stagger on trying to walk. Narcolepsy. Faints at the sight of blood.</p>
Nux Vomica <i>Poison nut seeds</i> The Workaholic.	<p>Alcoholism. POST TRAUMATIC STRESS remedy (see Aconite, Arsenicum, Calc. Carb., Merc. Viv., Sulphur). Antidotes bad effects of allopathic remedies-short or long-term use. Hangover. Addiction remedy-trying to get off any kind of addictive</p>

	<p>substance such as cocaine, marijuana, heroine, etc. Liver ailments. Good liver cleanser. Made from the Poison of Marking Nut. Addiction Remedy; indigestion remedy. Mental strain, nerves constantly frustrated, critical, fussy and hypersensitive. This type can be leaders or strong followers. They pay attention to detail and don't miss anything. When upset they get very irritable. Nux Vomica doesn't ever get really excited and happy. Their moods vary in small ways, except anger. Mental and emotional aspects: Can suffer from addictions and overindulgence. Physical weaknesses: Digestive disorders from hangovers and overindulgence. Migraines and headaches. Hernia and hay fever. Feels better after sleep. Dietary factors: Likes fatty and rich food, cheese and cream, alcohol, coffee and spicy foods. Dislikes the effects of some spicy food even though they like eating them. Nux women are usually less feminine and don't enjoy frivolities. Male Nux Vomicas are usually ambitious and career oriented. They are protective of their possessions and will defend them. This type has a tendency to overindulge in everything (food, alcohol, sex, work). Digestive problems are common.</p>
Oleum Terebinthina	<p>Has a selective affinity for bleeding mucous surfaces. Tympanites and urinary symptoms very marked. Inflammation of kidneys, with hemorrhages – dark, passive, fetid. Bright's disease preceded by dropsy. Drowsiness and strangury. Coma. Unbroken chilblains.</p>
Onosmodium Virginianum	<p>Want of power of concentration and coordination. Vertigo, numbness and muscular prostration. Marked association of head and eye symptoms with muscular tiredness and weariness.</p> <p>A remedy for migraine. Headaches from eyestrain and sexual weakness. It produces diminution of sexual desire in both sexes; hence its homeopaticity in sexual neurasthenia. Depressed or lost sexual life in women. Neuralgic pains. General prostration. Acts as if born tired.</p> <p>Migraine Headaches. Sexual desire completely destroyed. Loss of sexual desire. (See Folliculinum, Sepia, for loss of sexual desire in women.)</p>
Oophorium	<p>Ovarian cyst. Menopause where estrogen is given, this remedy can replace it-naturally and without side effects-see homeopathic physician. Menopausal problems in general. (See Folliculinum.)</p>
Palladium	<p>An ovarian remedy; produces the symptom-complex of chronic Oophoritis. Useful where the parenchyma of the gland is not totally destroyed. Acts also on mind and skin. Motor weakness, averse to exercise. Ovarian cysts. Premier ovarian remedy for many ovary conditions. (See Folliculinum, Oophorium.)</p>
Parotidinum	<p>Made from the mumps virus.</p>
Petroleum Oleum Petrae	<p>Strumous diathesis, especially the dark type, who suffer from catarrhal conditions of the mucous membranes, gastric acidity and cutaneous eruptions.</p> <p>Varied marked skin symptoms, acting on sweat and oil glands. Ailments are worse during the winter season. Ailments from riding in cars, carriages or ships; lingering gastric and lung troubles; chronic diarrhea. Long-lasting complaints follow mental states – fright, vexation, etc. chlorosis in young girls with or without ulceration of the stomach.</p> <p>Car or ship sickness (Cocculus, Tabacum). Antidotes lead poisoning. Hair falling out. Herpes. Eczema. Psoriasis. Of special use where skin conditions have improved and gone away, but the person does not improve.</p>
Petroselinum	<p>The urinary symptoms give the keynotes for this remedy. Piles with much itching. Gonorrhea remedy that has accompanying urinary symptoms. Bladder infections (Cantharis).</p>
Phosphoricum Acidum	<p>Relieves Cancer pain. Mental exhaustion. Nervous exhaustion. Blue rings around eyes. Diabetes. Of great use to children who grow up rapidly, and who are overtaxed mentally or physically. Used when the person has been exposed to a debilitating acute or chronic disease, excesses of any kind (mental, emotional), grief or loss of vital fluids (blood, urine, excessive sweating, etc.). Emotional Numbness.</p> <p>Phosphoric Acid - (Emotional numbness)</p> <p>This type appears to have no personality. They have shut down, being very mild and meek. After a while without treatment, they then become forgetful. These people are numb emotionally and may complain of numbness physically. Treated homeopathically, their emotions reemerge. Big fish eyes and thyroid problems are</p>

	common.
Phosphorus	Made from Phosphorus. Take to often destroys red blood cells. Respiratory/lung remedies. Arresting hemorrhaging. The Queen . Phosphorus - (Center of attention) Radiant, charismatic, loving and out going - very intuitive about people and environment - may sense something and not know where it comes from. Good fun to be around, but can become demanding. Likes to be the center of attention. Short attention span. Physical weaknesses: nervous system. Circulation problems. Dizziness, coughs and colds. Weakness of the lungs. Headaches. Left-side problems. Phosphorus have big hearts and big personalities. They have a problem understanding boundaries because they are happy and don't think anything they do might cross the line. Phosphorus people are open and experience life to the fullest because their emotions are allowed to be expressed. They are almost childlike (innocent, gullible), irresponsible (no boundaries, optimistic), sunny temperament and all have radiant smiles, very social - large eyes, soft mouths, usually very attractive.
Physostigma Venenosa	Spinal injuries. Paralysis caused by spinal injury. Tetanus. Post-Diphtheria paralysis. Spinal cord inflammation; Polio Myelitis. Cerebro-Spinal Meningitis. Night blindness.
Phytolacca Decandra	Mastitis. Retarded dentition-teeth slow in coming into mouth. Swollen lymph glands. Rheumatism. Diphtheria. Mumps. Swollen tonsils.
Pilocarpus Microphyllus	Limits duration of Mumps. Eye strain. White spots before the eyes. Excessive perspiration from all parts of the body.
Platinum	Sterility caused by ovary problems. Nymphomania. Pain in vaginal area. Ovaries sensitive and burning. Hysterical, Man-Hater . Platina - (Snobby, Haughty) Platinum A healthy Platina is passionate, emotional, very sexual. Out of balanced, sex obsessed, but tries to hide it. Sudden impulse to kill, mood changes and insanity, hysteria.
Plumbum Metallicum	Progressive muscular atrophy. Gout. Loss of sexual power in males. Tinnitus. Distinct blue lines along margins of gums. Glaucoma.
Podophyllum Peltatum	Is especially adapted to persons of bilious temperament. It affects chiefly the duodenum, small intestines, liver, and rectum. The Podophyllum disease is a gastro-enteritis with colicky pain and bilious vomiting. Stool is watery with jelly-like mucus, painless, profuse. Gushing and offensive. Many troubles during pregnancy; pendulous abdomen after confinement; prolapsus uteri; painless cholera morbus. Torpidity of the liver; portal engorgement with a tendency to hemorrhoids, hypogastric pain, fullness of superficial veins, jaundice.
Psorinum	The therapeutic field of this remedy is found in so-called psoric manifestations. Psorinum is a cold medicine; wants the head kept warm, wants warm clothing even in summer. Extreme sensitiveness to cold. Debility, independent of any organic disease, especially the weakness remaining after acute disease. Lack of reaction, i.e., phagocytes defective; when well-chosen remedies fail to act. Asrofulous patients. Secretions have a filthy smell. Profuse sweating. Cardiac weakness. Skin symptoms very prominent. Often gives immunity from cold-catching. Easy perspiration when walking. Syphilis, inerited and tertiary. Offensive discharges.
Pulsatilla Nigricansipratensis	Measles. Mumps (if this remedy doesn't work, go to Rhus Tox). Panic Attacks. Anxiety Attacks. Sties. Runny, thin discharges of any kind, coming from eyes, ears, nose, mouth, urinary or anal. Made from the Windflower. Highly volatile, temperamental and change like the weather; runny, thin clear discharges from any orifice. Mumps. The Female Timidity . Pulsatilla - (Soft Personality) Perennial Wind Flower Lives through emotions and doesn't try to hide them. Emotional satisfaction is very important. Devoted and loving, mild, cries easily. As long as a Pulsatilla has a family that loves them, they are devoted to them and fulfilled. Being loved is first priority in their lives. Pulsatilla are trusting and innocent. They are usually overweight because they love sweets. Full lips, rounder faces, light colored eyes. Physical weaknesses: All female reproductive problems.
Pyrogenium	Made from rotting meat that contained sepsis. Hanta Virus. Any kind of a septic or blood poisoning state, gangrene or any condition that poisons or eats away at the body.

Raphanus Satifus	Post-operative gas pains or flatulence.
Rhododendron Chrysanthum	Rheumatism. Swollen joints. Arthritis worse before a storm. Gouty of toe joints, Tearing pain in all limbs. Neuralgia-type pain of eye, orbit and head. Carpal Tunnel (see Ruta Grav.; Rhus Tox. may also help).
Rhus Toxicodendron	Arthritis. Joints hot or swollen-better with motion. Rheumatic pains anywhere in body, bones, muscles or joints that are always better with motion and movement. Limb stiffness. Numbness of extremities. Typhoid. Cellulitis. Poison Oak (Rhus Venenata). Knee-joint tenderness. Bursitis. "Tennis Elbow". Herpes Zoster. Fever blisters around mouth. Made from Poison Ivy. Sprains and strains that are better with movement.
Rhus Venenata	Poison Oak (when Rhus Tox. does not cure it).
Rumex Crispus	Is characterized by pains, numerous and varied, neither fixed nor constant anywhere. Cough caused by an incessant tickling in the throat-pit, which tickling runs down to the bifurcation of the bronchial tubes. Touching the throat-pit brings on the cough. Worse from the least cold air; so that all cough ceases by covering up all the body and head with the bedclothes. Rumex diminishes the secretions of mucous membranes, and at the same time exalts sensibility of the mucous membranes of the larynx and trachea. Its action upon the skin is marked, producing an intense itching. Lymphatics enlarged and secretions perverted.
Ruta Graveolens	Tendon injuries. Sprains or strains (see Arnica, Bellis Perennis). Cartilage injuries. Ganglia. Sciatica. Stiffness of hands and wrists. Arthritis. Pain in bones of feet and ankles. Note: All the above conditions are worse with movement. Made from Rue and Bitterwort. Ligaments, tendons and joints. If the pain increases with movement and doesn't get better after moving around a bit.
Sabadilla Officinarum	Hay fever. Worm infections in children (see Cina, Silica). Constant Sneezing.
Sabina	Has a special action on the uterus; also upon serous and fibrous membranes; hence its use in gout. Pain from sacrum to the pubis. Hemorrhages, where blood is fluid and clots together. Tendency to miscarriage, especially in third month. Violent pulsations; wants windows open.
Saccharum Officinale	Made from White sugar. Stop cravings for sweets and deserts. Take on an "as needed" basis only, which means if the craving hits you, take one dose and stop. An excellent way to lose weight if the weight is induced by eating too many sugar products.
Sanguinaria Canadensis	Is a right-sided remedy pre-eminently, and affects chiefly the mucous membranes, especially of the respiratory tract. It has marked vaso-motor disturbances, as seen in the circumscribed redness of the cheeks, flashes of heat, determination of blood to head and chest, distention of temporal veins, burning in palms and soles, and has been found very applicable to climacteric disorders. Burning sensations, like form hot water influenzal coughs. Phthisis. Sudden stopping of catarrh of respiratory tract followed by diarrhea. Burning in various parts is characteristic.
Sarsaparilla Liquorice	Renal colic; marasmus and periosteal pains due to venereal disease. Eruptions following hot weather and vaccinations; boils, and eczema. Urinary symptoms well marked.
Scrophularia Nodosa	Breast Cancer remedy. (See Conium, another Breast Cancer remedy.) Hodgkin's disease. Painful hemorrhoids.
Scutellaria Lateriflora	Chronic Fatigue Syndrome (Gelsemium and Nat. Carb. May also work). Flu, especially when there is great weakness after the flu symptoms are gone.
Secale Cornutum	Produces contraction of the unstriated muscular fibers; hence a constricting feeling throughout the whole body. This produces an anemic condition, coldness, numbness, petechia, mortification, gangrene. A useful remedy for old people with shriveled skin – thin, scrawny old women. All the Secale conditions are better from cold; the whole body is pervaded by a sense of great heat. Hemorrhages; continued oozing; thin, fetid, waery black blood. Debility, anxiety, emaciation, though appetite and thirst may be excessive. Facial and abdominal muscles twitch. Secale decreases the flow of pancreatic juice by raising the blood pressure.
Sepia	Chocolate craving before menses. Menopause. Hot flashes (see Lachesis, Folliculinum, Oophrinum, Platina). The Independent. Sepia - (Independent) Cattlefish Ink Sepias are self-assured and confident in a quiet way. They are intuitive and some are

	<p>healers. They have no desire to please others to get something out of it. They are who they are, because they want to be, not for anyone else. They tend to live more in their intellect than intuition. Sepias have a love to dance and physical exercise is important to this type. They need this as an outlet. They are irritable at home and pleasant in company. They hate to be contradicted and have strong convictions. The Sepia can appear harsh, aggressive and is career oriented. If a Sepia tries to suppress their true nature, they will lose their spirit. They become more of a robot going through the motions, losing their energy for life. Large moles are common in Sepias. Physical weaknesses: These include all menopausal problems. Headaches and migraine. Skin problems. Other common ailments include constipation and hemorrhoids, chronic fatigue syndrome and depression. Conditions usually improve with exertion</p>
Septicaeminum	<p>Septic conditions. Nosode. Can be received only through a homeopathic physician. (See Pyrogenium.)</p>
Silicea Terra	<p>Wounds that refuse to heal (Sulphur). Abscesses. Boils. Ganglia. Eliminates scar tissue (Graphites). Fissures. Nails crack. Bursa. Tumors. Nodes. Keloid scars. Sciatica. White spots on nails. Sore feet. Note: Do not give this remedy to a person with a transplanted organ or pacemaker in their body-it will expel them! Do not give this remedy to anyone with a known history of Tuberculosis or who has it presently. The Delicate. Silicea – Quartz Rock Silicas are refined in appearance and personality. They are deep thinkers, quiet and can observe life rather than participating. They choose their company carefully and are appalled by brutality and vulgarity. Most are interested in psychology, medicine and the arts. Silicas are somewhat timid but also the most stubborn and determined, although they lack stamina. They panic before public performances, have great integrity, have a lightness about them, and are usually forgiving. In appearance, Silicas are usually refined, pale skin, features are long and delicate, eyes are blue, grey or green. Constipation and skin problems (cysts) are common. Physical weaknesses: Problems with nervous system, especially due to burnout from new projects. Exhaustion. Slowness and healing and getting well. Respiratory illnesses and weaknesses including chest infections and low resistance to coughs and colds. Constipation. Skin problems. Headaches. Feels the cold.</p>
Spigelia Anthelmia	<p>Spigelia is an important remedy in pericarditis and other diseases of the heart, because the provings were conducted with the greatest regard for objective symptoms and the subjective symptoms are by innumerable confirmations proved to be correct. Has marked elective affinity for the eye, heart, and nervous system. Neuralgia of the fifth nerve is very prominent in its effects. Is especially adapted to anemic, debilitated, rheumatic, and scrofulous subjects. Stabbing pains. Heat affections and neuralgia. Verrysensitive to touch. Parts feel chilly; send shudder through frame. A remedy for symptoms due to the presence of worms. Child refers to the navel as the most painful part.</p>
Spongia Tosta	<p>Made from the ocean-going Sponge. Respiratory/lung helpmate. Lymph glands swollen, pain when turning head.</p>
Staphysagria	<p>Rape. Anger. Suppressed anger. (See Nat. Mur.) Colic after anger in children. Sexually molested babies/children. Helps the anger to get out and prevents it from being suppressed for decades. Suppressed Anger. Staphysagria - (Hidden anger) Palmated Larkspur There are several types of Staphysagria. The sweet, gentle type (usually female) learns as a child to be sweet in order to avoid pain. She is so overly loving and sweet that it is unhealthy. She never reveals her true self. The reckless type pays no heed to danger. She is wild and needs a thrill to purge the anger inside. Very sexual. The introverted type avoids social interaction. Voice is lifeless and this type is usually abused as a child. She is a loner. The successful type is more diplomatic and uses humor to make life lighter. This type suppresses the hidden anger also. This is the most healthy type.</p>
Stramonium	<p>Stammering. Talkative. Delusions, sees ghosts and talks with spirits. Violent and lewd. Delirium tremens. Light and Dark Personality. Stramonium - (Psychotic) Devil's Apple Intense fear of darkness, hears voices, delusions, hallucinations, night terrors, multiple personality. When enraged, becomes insane and may want to kill. They may kill a</p>

	loved one with no remorse. This type may appear normal and aren't angry consistently, but have bouts of uncontrollable rage. They easily turn violent. This is a psychotic remedy with many being in mental institutions. Intense sexual desire. May have been sexually abused as a child. They may be obsessive/compulsive.
Strychnos Nux Vomica	Is the greatest of polychrests, because the bulk of its symptoms correspond in similarity with those of the commonest and most frequent of disease. It is frequently the first remedy, indicated after much dosing, establishing a sort of equilibrium of forces and counteracting chronic effects. Nux is pre-eminently the remedy for many of the conditions incident to modern life. The typical Nux patient is rather thin, spare, quick, active, nervous and irritable. He does a good deal of mental work; has mental strains and leads a sedentary life, found in prolonged office work, over study, and close application to business, with its cares and anxieties. This indoor life and mental strain seeks stimulants, coffee, wine, possibly in excess; or, again, he hopes to quiet his excitement, by indulging in the sedative effects of tobacco, if not really a victim, to the seductive remedies, like opium, etc. These things are associated with other indulgences; at table, he takes preferably rich and stimulating food; wine and women play their part to make him forget the close application of the day. Late hours are consequence; a thick head, dyspepsia, and irritable temper are the next day's inheritance. Now he takes some cathartic, liver pills, or mineral water, and soon gets into the habit of taking these things, which still further complicate matters. Since these frailties are more yielded to by men than women, Nux is pre-eminently a male remedy. These conditions produce an irritable, nervous system, hypersensitive and overimpressionable, which Nux will do much to soothe and calm. Especially adapted to digestive disturbances, portal congestion, and hypochondriacal states depending thereon. Convulsions, with consciousness; worse, touch moving. Zealous fiery temperament. Nux patients are easily chilled, avoid open air, etc. Nux always seems to be out of tune; inharmonious spasmodic action.
Sulphur Brimstone	Allergic to milk which causes diarrhea. Forgetful. Difficult to think. Relapse remedy (see Gelsemium). Hang nails. Eczema. Psoriasis. POST TRAUMATIC STRESS remedy. Made from Sulphur. Post-Traumatic Stress Disorder. Very often used to finish off a constitutional case. Inspired Ego. Sulphur - (Leaders) This is an inspired personality. Sulphurs passionately pursue their interests and won't give any effort otherwise. This type can be fiery, dramatic, enthusiastic and think about the big overall picture. They love to talk and are very intelligent, open hearted but critical over minor details. Sulphur enjoy sweet foods and may have skin problems. Likes to argue. Physical weaknesses: Prone to skin and circulation problems; hemorrhoids and constipation; hot, burning feet; body odor.
Symphytum Officinale	Healing of bone fractures. Bones that won't heal. Blows to the eye (see Aconite). Tendon and ligament injuries. Pain in knees. General knee injuries. Made from Comfrey plant. Ability to mend any broken bone, torn cartilage or tendons in our body. It also helps with bleeding stomach ulcers.
Syphilinum Syphilitic Virus	Morbid. Syphilinum This type is fascinated by death. They have an obsessive tendency such as hand washing, because most have a fear of catching something. Also, self destruction and depression is common. They may have psychic abilities causing them to fear insanity. Most have an unusual appearance easy to identify. There is usually some abnormality of the teeth. Example: David Bowie - pointed teeth; irises of the eyes may be different; any abnormalities are an indicator of this type.
Tarentula Hispania	Multiple Sclerosis. Epilepsy of a hysterical origin. Hysteria. Extreme restlessness.
Tellurium	Ringworm. (See Nat. Mur.; Sepia will also help this condition.) Sciatica. Eczema behind ear. Herpes circinatus. Tendon contraction in knees. Eczema.
Terebinthina	Worms or parasites accompanied with foul odor on breath. Bright's Disease (kidney). Dropsy (excessive liquid or edema in some part of the body).
Thuja Occidentalis	Warts; large, seedy or pedunculated. After-effects of any vaccination reaction. If child has never been well after any vaccination, this remedy should be considered. Gonorrhea. Sexual Guilt.

	<p>Thuja - (Sexual guilt) White Cedar This type is aloof and self-absorbed, and only allows a few people to get close. They don't really know why they act this way, but it stems from sexual guilt. In women, they are more aware of the guilt and feel dirty. In men, they are usually moral, normal good guys who have a sense of guilt inside being unaware where it came from. They experience and sense paranoia at times because there is always a sense of having committed a crime (guilt). Many Thuja's have asthma. Most Thuja's are highly sexed, but feel guilty about it.</p>
Trigonocephalus Lachesis	Made from the venom of the Surukuku snake. Ebola Virus; flesh eating virus. Highly talkative. Sexual Tension.
Tuberculinum Tubercle Bacilli	<p>The Restless Traveler. Tuberculinum - (Cat personality) This type craves change, jobs, partners, environment. They enjoy travel and although crave romantic fulfillment, never find it. Some have fear of dogs and cats. They are restless and live more in their intellect.</p>
Urtica Urens	First-degree burns. Rheumatism associated with rash-like skin eruption. Antidotes ill-effects of eating shell fish. Gout. Uric Acid. Herpes labialis. Chickenpox. Burns or scalds of a first-degree nature.
Valeriana Officinalis	Hysteria, over-sensitiveness, nervous affections, when apparently well-chosen remedies fail. Hysterical spasms and affections generally. Hysterical flatulency.
Veratrum Album*	<p>Post-operative shock (see Aconite). Cholera. Violent vomiting and/or diarrhea or Irritable Bowel Syndrome (IBS). Made from White Hellebore. Diarrhea remedy. Crohn's Disease. Irritable Bowel Syndrome. Dogmatic. Veratrum Album - (Ruthless) White Hellebore Root This type is usually ambitious and value their position in society. They are arrogant and insist on getting what they want. They are restless and may have a violent temper. They may be obsessive/compulsive.</p>
Viburnum Prunifolium	Tongue Cancer. Hiccoughs.
Vipera	Phlebitis, with legs hanging down. Liver enlargement. Polyneuritis. Poliomyelitis.

CONSTITUTION SUPPORT

Dr. DeHaan's view on miasms

The term miasm means “an obstacle to cure” but you will most often hear of a miasm as a constitutional susceptibility or predisposition for disease. Hahnemann believed that the roots of deep seated diseases can be tracked back to generational inheritance of one or more of the miasms. Most of us can look at our family tree and see a history of heart disease, diabetes, cancer, or other diseases. There is a fair amount of controversy as to the way miasms are passed from generation to generation. Most of it stems from one or both of the following: 1. There are more than just five miasms, 2. The theory that miasms originate in either emotional discord or infectious (pathological) disbiosis. Unfortunately, either origin makes everyone prone to miasms, which means that we are all subject to certain predispositions beyond our control unless we deal with the miasm behind the DNA that currently seems to be foretelling our destiny. The simple truth is that miasms govern genetic diseases of all kinds. Yes, any genetic disorder, tendency or predisposition is nothing more than a miasm. What does this mean to those of you who have never heard this term before? It means that it is correctable! There is no incurable disease, only incurable mentalities right?

Signs that you may have a miasm, or inherited predisposition for a particular disease or illness:

- Looking at your family history. If you have an illness or tendency running in your family, you have a miasm. Medicine tells us that there is nothing that can be done, but this isn't quite true. Something as minor as skin tags and moles, if they are something that “runs in the family”, can be considered a miasm.
- Look at the size of your nostrils. The holes should be the same size. Look carefully. The there is a size difference, you have a miasm. The greater the difference from one side to the other, the more severe the issue. In this case the miasm is almost predictably a character trait as much or more than it is a physical weakness.
- Another major sign is if nothing seems to work on you. You have tried a variety of therapies (referring to natural therapies, medications don't count as a therapy) and nothing has helped.

Most people think of miasms as something that is inherited, but they are also created. If an illness is left untreated for more than 16 years, the DNA patterns in the body begin to think that illness is normal and that information will become part of the DNA code. This is part of the body's ability to adapt. If it did not do this, we would die much sooner. The adaptation potential that keeps our body's from dying so quickly is why we have inherited miasms from our previous generations. Any information that is not part of the original DNA blueprint from Creation becomes junk DNA. Imagine how much junk DNA has accumulated over the generations that preceded us. Even the Bible talks about sickness running to the tenth generation. Technically speaking, any virus, bacteria, fungus, parasite, radiation or negative emotion can leave residue on our cells and create or contribute to a miasm. Even worst, all vaccinations contribute to miasms because vaccinations introduce infected organisms into the body and the body views these as illness. Medications and remedy therapy also contribute to miasms because they are not designed to help the body fight off the illness, they simply suppress it by sending it deeper into the cellular structure. This only enhances the rate at which the illness becomes junk DNA and eventually a miasm, or a contributed layer to a miasm you already have. If you begin to think along these lines, you might begin to see that the generation we are in, which medicates and vaccinates for everything, is setting the stage for a miasmic/junk DNA pandemic like has never been seen. Not because we are making super viruses and biological weapons, but because vaccinations and medications compromise the immune system to an almost irreconcilable point.

Medorrhinum Miasm [30x]:[200x]:[1M]	
Psorinum Miasm [30x]:[200x]:[1M]	
Syphilinum Miasm [30x]:[200x]:[1M]	
Tuberculinum Miasm [30x]:[200x]:[1M]	

Physical expressions of the miasms

A.- Psoric Miasm: reaction of body on exposure to environmental stimuli to ones surroundings like noise, light, and odors, producing functional disturbances like headache, nausea, and discomfort.

B.- Sycotic Miasm: hypersensitive response to something specific arising from a deficiency of the normal response like tumors, allergies, keloids. Deficient feeling gives rise to an increased attempt to repair the fault.

C.- Syphilitic Miasm: Not manageable, finding destruction like gangreen, ulceration. Body and mind destroy itself, give-up.

D.- Tubercular Miasm: respiratory imbalance, weak lungs, offensive, headswat, worse with exposure to cold, re-occurring epistaxis, bleeding gums, long eyelashes, craving for salt, enuresis, bleeding stools, milk disagrees causing diarrhea, anemic, weakness, ringworm, acne, white spots on nails, nightmares.

Personality types

A.- Psoric Miasm: highs and lows, struggling with outside world, becomes apparent at times of stress, lack of confidence, constant anxiety feelings, fear, like he can't do it, insecurity, anxiety about the future but always having hope, mentally alert.

B.- Sycotic Miasms: secretiveness, hide his weakness, tense, constantly covering up situations, fixed habits, suspicious, jealous, forgetful.

C.- Syphilitic Miasm: strong pessimistic view on life, cannot modify what is wrong, give-up, destroy, no point in trying to adjust, sudden impulsive violence directed at himself or others, dictatorial rigid ideas. Mental paralysis, mentally dull, suicidal, stupid, stubborn, and homicidal.

D.-Tubercular Miasm: dissatisfaction, lack of tolerance, changes everything, does harmful thing to one's self.

General Nature of the Miasm

A.-Psoric Miasm- itching, burning, inflammation leading to congestion.- philosopher, selfish, restless, weak, fears.

B.-Sycotic Miasm: over production of growth like warts, condylomata, fibrous tissue, attack internal organs, pelvis, sexual organs.

C.-Syphilitic Miasm- destructive, disorder everywhere, ulceration, fissures, deformities, ignorance, suicidal, depressed, memory diminished.

D.-Tubercular Miasm: changing symptomology, vague, weakness, shifting in location, depletion, dissatisfaction, lack of tolerance, careless "problem child", cravings that are not good for them.

Dermatological Symptoms of the Miasms

A.-Psoric Miasm- dirty, dry, itching without pus or discharge, burning, scaly eruptions, eczema, cracks in hands and feet, sweat profuse < during sleep offensive.

B.-Sycotic Miasm- Warty, moles, unnatural thickening skin, herpes, scars, nails are thick and irregular---corrugated, oily skin with oozing, disturbed pigment in patches.

C.-Syphilitic Miasm- Ulcers, boils, discharge of fluids and pus offensive, slow to heal, leprosy, copper colored eruptions < by heat of bed, spoon shape thin nails that tear easily, gangreen putrid.

D.-Tubercular Miasm- ringworm, eczema, urticaria, herpes, re-occurring boils with pus and fever. Does not heal fast. Leprosy < by warmth of bed > by cold nails white spots.

Pains Of Miasms

A. -Psoric Miasm: neurological type, sore, bruised, >rest <motion.

B. -Sycotic Miasm: Joint pains, rheumatic pains are < cold, damp > motion, stitching, pulsating, wandering

C.- Syphilitic Miasm: Bone Pains, tearing, bursting, burning

D.- Tubercular Miasm: Great exhaustion, never enough rest, sun> give strength.

Miasmatic Clinicals

A.-Psoric Miasm: Acidity, burning, cancer, sarcomas, constipation, epilepsy, flatulence, hoarseness, itching of skin, leprosy, burning of spinal cord, watery discharge from nose and eyes with burning

B.-Sycotic Miasm: Abortion, acne without pus, angina pectoris, anemia, appendicitis, cough (whooping), colic, pelvic disease + sexual organs, piles, prostatitis, nephritis (kidney), gout, arthritis, dry asthma, dysmenorrhoea, herpes, rheumatism, warts, urinary ailments.

C.-Syphilitic Miasm: discharges putrefaction, blindness, boil in veins and bones, carcinomas, fistula, fungal infection of extremities, gangrene, hyperextension, bone marrow inflammation, insanity due to depression, leucorrhoea, rheumatism of long bones, skin disease with ooze + pus, sore throat, history of abortions, sterility, immature death, cardiac attacks, suicidal deaths, insanity, cancer, tuberculosis, ulcers of ear, nose, urinary organs, mouth

D.-Tubercular Miasm: Aching pain in knees, swelling without any cause, asthma, bedwetting, cancer, carious teeth, destruction of bone marrow, diabetes, dry cough (barking), eczema, emaciation, epilepsy, extreme fatigue, weakness, glands enlarged, tonsils, influenza, insanity, obstruction of intestines, malaria, insomnia, nocturnal perspiration, palpitation, profuse hemorrhage of any orifice, pneumonia, ring worm, short temper, nasal coryza, worms.

CONSTITUTION SUPPORT –each person is inherently born with certain tendencies and predispositions. This is referred to as your Constitution. The following remedies help to support the Constitution referenced. Supporting the Constitution initiates all the healing channels in the body, including RNA/DNA weaknesses that may have been inherited.

Emotional outbursts with no explanation are often improved dramatically by balancing the constitution.

To find the Constitution that applies to you, you may read through the list and pick the one that seems most relevant, but it is most accurate to test yourself, or your client, and use the one that tests most appropriate. In rare cases, people might test for more than one and that is fine, you may combine them.

<p>Argentum Nitricum [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Pale complexion, looking older than actual age due to worry and tension. ○ Mental and emotional aspects: Cheerful and impressionable. Often anxious and worried. Always in a hurry and can be impulsive. Finds it difficult to control emotions. Readily laughs, cries and loses temper. Quick thinking and adept at solving problems. Tends to be extroverted to hide true feelings. ○ Physical weaknesses: Nervous system. Eyes. Digestive system. Ailments tend to the left side. ○ Dietary factors: Likes chocolate, candy, salt and cheese. Dislikes chilled foods. ○ The Argent Nit. child: Always moving around and never wants to sit still. Prone to nervousness and can experience upset stomach when stressed. May react badly to new situations like moving house. Can be prone to insomnia due to worry. Prone to bedwetting. <p>The Argent Nit. Types tend to have weak mucous membranes in their eyes.</p>
<p>Arsenicum Album [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Usually thin or slim. Often well groomed and stylish. Fine facial features with fine, delicate skin. Frown lines can appear on the forehead. ○ Mental and emotional aspects: Restless person. Perfectionist at work and at home. Can be critical and intolerant. Strong opinions. Can have a deep fear of being alone. Obsessive and compulsive behavior, especially concerning cleanliness and tidying-up; this can hide a hoarding mentality. Can pull out of plans early if they think it is not going to work 100%. Pessimistic in nature with a need for constant reassurance. ○ Physical weaknesses: Digestive system. Skin. Respiratory system (coughs, asthma and colds) ○ Dietary factors: Likes fatty foods, warm foods and drinks, in particular coffee, candy, alcohol and sour tasting foods. Dislikes large amount of fluid. ○ The Arsen. Alb. child: Highly sensitive and highly-strung. Easily upset by loud noise. Can become exhausted after periods of exertion. Active imagination can create nightmares in dreams. Increasingly mentally and physically agile with age. Can worry overly about parent's well being. Dislikes mess and being messy, keeps room tidy. ○ Warm drinks and sweet foods are favored by the Arsen. Alb. Types.
<p>Calcarea Carbonica [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Overweight or gain weight easily. Sluggish, bloated and tired in appearance. ○ Mental and emotional aspects: Impressionable, sensitive and quiet. May become withdrawn due to fear of failure. Can dwell too much on a particular problem. May be greatly upset by cruelty to children and animals. Needs motivation to succeed in tasks. Can be prone to mild depression when unwell. Reassurance helps to improve condition. ○ Physical weaknesses: Ears, nose and throat. Skeletal system, may manifest as back ache. Digestive system, may be prone to irritable bowel syndrome and feeling bloated. Skin. Teeth. Exhaustion, prone to chronic fatigue syndrome. Prone to depression.

The Classical Kit is Produced and Created by Dr. Reuben T. DeHaan/HDMI www.hcmionline.com

Please notice that the following information is in rough draft state! Not a final copy!

	<ul style="list-style-type: none"> ○ Dietary factors: Likes dairy products, eggs, candy, salt, desserts, chocolate, carbohydrates, iced drinks and ice cream. Dislikes fatty meats, boiled food and boiled milk. ○ The Calc. Carb. child: Plump and overweight. Placid and calm. Slow to walk and talk and teeth are slow to develop. Can fall over easily. Scared of the dark and can be prone to waking up due to bad dreams. Often lazy and may need encouragement with homework because may give up easily. ○ Ears, nose and throat are weak areas of the Calc. Carb. Type.
<p>Graphite [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Prone to being overweight and has a large appetite. Blushes easily. Can have a rugged, windswept appearance. May have rough, dry skin that can crack easily. Dry hair, usually dark. Flaky scalp. ○ Mental and emotional aspects: Takes time to work things out and solve problems. Deep concentration on a task can create irritability. Not always willing to change habits and routines. Not an early morning person. Possible mood swings, tearful and despondent then impatient. ○ Physical weaknesses: Skin. Nails. Slow metabolic rate. May often have sores in corner of mouth, be exhausted, have bad breath, nose bleeds, sty's in eyes and suffer from travel sickness. ○ Dietary factors: Likes sour and savory foods. Dislikes sweet foods, salt, seafood and hot drinks. ○ The Graphites child: Feels the cold and gets chills quickly. Timid, hesitant and anxious. Does not like traveling great distances because of travel sickness. ○ The Graphites type like savory foods, such as vegetables and salads.
<p>Ignatia [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Slim build. Prone to dark circles under eyes. Expression may be tired and drawn and may also suffer from involuntary twitches of mouth or eyes. Dry lips. Dark to mid range color hair. Sighs a lot. ○ Mental and emotional aspects: Very highly strung. Rapid and extreme mood swings. Can jump from tears to joy then back to depression in the blink of an eye; prone to suppression of grief. Possible difficulty in ending relationships and seeing this as a weakness. Coffee and cigarette addiction is common. ○ Physical weaknesses: Nervous system. Endless list of problems caused by emotional trauma. Common ailments include hysterical grief over bereavement, leading to headaches, sore throat, coughs and colds, constipation, twitching and grinding teeth. ○ Dietary factors: Likes coffee (even though not good for them), sour and savory foods, dairy products, carbohydrates. Dislikes sweet foods. ○ The Ignatia child: Highly strung, excitable and sensitive. Finds it difficult to function when stressed. Divorce of parents almost impossible to deal with, causing outbursts of anger, crying and poor grades at school. Prefers not to be alone. May experience headaches, coughs, sore throats. Responds well to encouragement. ○ The Ignatia type like dairy foods.
<p>Lachesis [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: May appear bloated or lean. Strong, fixed expression. Usually has pale complexion with occasional freckles. Strong, staring eyes. May lick lips a lot. ○ Mental and emotional aspects: Very ambitious and creative. Mind can become crowded with thoughts. Jealous and possessive. Talkative. May be sensitive to noise. May view self as sinful when religious. Suspicious of strangers. ○ Physical weaknesses: Circulation and nervous system. Hyperactivity, varicose veins, menopausal problems, sore throats and asthma, bad sleep and insomnia, palpitations and panic attacks. Prone to left-side problems. Physical ailments made worse when trying to sleep and lay still. ○ Dietary factors: Likes coffee, alcohol and seafood, cool drinks, sour and savory food

	<p>and carbohydrates. Dislikes sweet drinks.</p> <ul style="list-style-type: none"> ○ The Lachesis child: Full of spite, can be hurtful to peers. Hyperactive and jealous of brothers and sisters, especially new babies. Prone to bad dreams and nightmares. May suffer from Attention Deficit Hyperactivity Disorder. ○ The Lachesis types often lick their top lip.
<p>Lycopodium [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Tall and lean with worry and frown lines on head. Often look older than their years. Facial twitching. Thinning hair in men. Dislikes wearing light clothing. ○ Mental and emotional aspects: A drama queen, creating mountains out of molehills. Insecure and hates change. Avoids commitment. Anxious over important events. Deep fear of being alone and of the dark. Forgetful. Finds trivial mistakes disproportionately irritating. Hates being contradicted. ○ Physical weaknesses: Digestive disorders, kidney stones, prostate, sore throats, male baldness. May be prone to chronic fatigue syndrome. Right-side problems. ○ Dietary factors: Likes sweet foods and warm drinks, onions, garlic and seafood. Dislikes cheese and strongly flavored meats. ○ The Lycopodium child: Insecure and shy, though can be dominant and bossy with children they know. Prefers indoor pursuits over outdoors. Conscientious and achiever academically. ○ The Lycopodium type men can lose their hair early.
<p>Mercurius Solubilis Hahnemanni [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Medium build. Skin on face may appear shiny due to moisture from perspiration, with grey translucent look. Hair may be fair to medium color. ○ Mental and emotional aspects: May struggle internally with emotions. Resentment and lack of trust in others may cause insecurity. Dislikes criticism directed and self and taking orders. May explode with rage and anger. Poor memory with thought patterns becoming muddled in later life. ○ Physical weaknesses: Sore throat, swelling of glands and exhaustion. Sensitive skin with allergies being common. May be prone to chronic fatigue syndrome and Season Affective Disorder (depression during the darker winter). ○ Dietary factors: Likes cold drinks, carbohydrates and citrus fruits. Dislikes strongly flavored foods. ○ The Merc. Sol. child: Irritating behavior. Shy and cautious. May stammer. Susceptible to ear nose and throat complaints. ○ The Merc. Sol. may suffer from changes in the weather or SAD.
<p>Natrum Muriaticum [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Pear-shaped build in women. Solid, strong and lean build in men. Skin can be puffy and oily with frequent swelling. Watery, red eyes. Dry cracked lips. Medium to dark hair. ○ Mental and emotional aspects: Will suppress emotions such as, fear, anger, guilt and loneliness, which can lead to depression. May suppress feelings over lost loved ones. May become very depressed after relationship break-up. Will possibly wish to cry but find self unable. Suffer in silence rather than ask for help. Down to Earth with mind set on career. ○ Physical weaknesses: Nervous system. Depression, premenstrual syndrome, anorexia; skin problems; mouth ulcers and cold sores; palpitations and headaches. ○ Dietary factors: Likes cold drinks, sour and savory foods and craves salt and most carbohydrates. Dislikes coffee and bread. ○ The Nat. mur. child: Small for their age. Slow development. Well behaved. Loves animals. Very good academically but can become extremely hurt if criticized at school. May suffer from headaches under pressure. ○ The Nat. mur. type may be professional and career minded.

<p>Nux Vomica [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Slim, especially when young. Smart appearance. May look stressed and tense. Ages prematurely. May have dark circles under eyes. Face becomes flushed when angry or excited. ○ Mental and emotional aspects: Can suffer from addictions and overindulgence. May have cravings for alcohol, coffee, cigarettes. Can be addicted to sex. Finds it difficult to relax. Can be very ambitious. Impatient. Intolerant of imperfection in others. Failure is the worst thing that can happen. ○ Physical weaknesses: Digestive disorders from hangovers and overindulgence. Migraines and headaches. Hernia and hay fever. Feels better after sleep. ○ Dietary factors: Likes fatty and rich food, cheese and cream, alcohol, coffee and spicy foods. Dislikes the effects of some spicy food even though they like eating them. ○ The Nux Vomica child: Irritable and easily bored. May be prone to Attention Deficit Hyperactivity Disorder. May have temper tantrums. Competitive as a teenager. Because they like to be rebellious they may become addicted to remedies or alcohol. ○ The Nux Vomica type may become dependant on remedies or alcohol.
<p>Phosphorus [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Tall and slim with long limbs. Likes to be stylish. Artistic and creative in appearance. Fine skin. Can have fair to dark hair. ○ Mental and emotional aspects: Needs a lot of love and attention. Good fun to be around but can become demanding. Likes to be the centre of attention and like being cared for when upset or unwell. Expressive, affectionate and not afraid to show emotions. Needs reassurance regarding looks and image. Short attention span. Can be hard work for partner. ○ Physical weaknesses: Nervous system – especially fear and hypersensitivity. Circulation problems. Dizziness. Coughs and colds. Weakness of the lungs. Headaches. Left-side problems. ○ Dietary factors: Likes sour and savory foods, salt, spicy food, carbonated drinks, alcohol, mild cheeses and sweet foods. Dislikes strongly flavored fish and fruit. ○ The Phosphorus child: Tall and slim with long legs and arms. Nervous. Likes to be with people and centre of attention. Loves to receive attention. Strong fear of the dark. ○ The Phosphorus type like mild cheeses and sour and savory foods.
<p>Pulsatilla [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Can be slightly overweight. Gentle and kind appearance. Can look younger than actual age. Hair is fair and skin has a rosy complexion. Blushes easily. Often rests with hands behind head. ○ Mental and emotional aspects: Shy and easily embarrassed. Kind and gentle and makes friends easily. Likes to be supported by others. Not assertive and can be indecisive. Cries easily, in particular over cruelty to children and animals, tragic news or weepy movies. Also laughs easily. Avoids confrontation. Loves animals. Can suppress guilt and anger. Occasionally prone to obsessive or compulsive behavior. ○ Physical weaknesses: All female reproductive problems. Catarrh. Irritable bowel syndrome. Skin problems. Varicose veins. Sty's. Physical symptoms can fluctuate and change rapidly. ○ Dietary factors: Likes sweet foods, cold foods and cold drinks. Dislikes fatty foods such as cream and butter, and very rich, spicy foods. ○ The Pulsatilla child: Fears the dark and dislikes bedtime. Sensitive to changes in the weather. Becomes tearful and weepy when overtired. Prone to coughs and colds. ○ The Pulsatilla types often rest with their hands behind their heads.
<p>Sepia [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Slim and tall. Often sits with legs crossed. Likes to look attractive and elegant. Medium to dark hair, often with brown eyes. ○ Mental and emotional aspects: Can be irritable and easily offended. Tendency to be aggressive to loved ones. Cannot handle too much stress and tries to avoid pressure

	<p>and deadlines. Can feel better after weeping, but does not like it when others are fussing around. Avoids crowds but fears being alone. Hates being contradicted, as holds strong opinions.</p> <ul style="list-style-type: none"> ○ Physical weaknesses: These include all menopausal problems. Headaches and migraine. Skin problems. Other common ailments include constipation and hemorrhoids, chronic fatigue syndrome and depression. Conditions usually improve with exertion. Physical problems mostly occur on left side. ○ Dietary factors: Likes spices, sour and savory foods, citrus fruits, sweet foods and alcohol. Dislikes dairy products, especially milk, rich and strongly flavored meats and fatty foods. ○ The Sepia child: Greedy. Prone to constipation. Can become a bed wetter. Moody. Feels the cold and can become tired easily. Does not like being alone. ○ The Sepia type doesn't like crowds but fears being alone.
<p>Silicea [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: Often thin or slim, with a large forehead. The head can appear too large for the body. Delicate, fine features; almost doll-like in appearance. The skin of the lips goes grey and can be cracked. The palms of the hands feel sweaty to the touch and nails can be brittle. ○ Mental and emotional aspects: Appears to have low confidence from a young age. Prone to mental exhaustion. Can become overburdened and overwhelmed. Responsibility weighs heavily on the Silicea type. Can be indecisive about taking on new projects, moves and new jobs. Fear of failure may surface in form of being a workaholic. Fear of failure can also spread into personal relationships. May stubbornly resist advice from friends and loved ones in order to hide true feelings. ○ Physical weaknesses: Problems with nervous system, especially due to burnout from new projects. Exhaustion. Slowness in healing and getting well. Respiratory illnesses and weaknesses including chest infections and low resistance to coughs and colds. Constipation. Skin problems. Headaches. Feels the cold. ○ Dietary factors: Likes cold foods such as salads and raw vegetables. Dislikes meat and dairy products, especially cheese and milk. Dislikes very hot food. ○ The Silicea child: Can be smaller than children of a similar age, with petite appearance, apart from large head. Feels the cold. Not sporty as has little stamina. Can be shy. Usually tidy and well behaved. ○ The Silicea type may have brittle nails and slow-healing skin.
<p>Sulphur [100x:1M]</p>	<ul style="list-style-type: none"> ○ Appearance: May be slim with poor posture. May look untidy. Hair may be coarse, dry. Skin and lips can be prone to redness. ○ Mental and emotional aspects: Mind can be cluttered. Can be critical. Likes to argue. May lack willpower and self-esteem. Might not complete ideas and projects. ○ Physical weaknesses: Prone to skin and circulation problems; hemorrhoids and constipation; hot, burning feet; body odor. ○ Dietary factors: Likes sweet foods, fatty foods and stimulants such as coffee and chocolate. Likes alcohol, spicy foods, citrus fruits, salads and seafood. Dislikes dairy products, especially milk and eggs. Dislikes most hot drinks. ○ The Sulphur child: Untidy looking. Can be hyperactive in the evening. Does not like showers, bathing or washing hands. Has a very healthy appetite.